# Antiviral Drugs That Are Approved or Under Evaluation for the Treatment of COVID-19

Last Updated: July 8, 2021

#### **Summary Recommendations**

Remdesivir is the only Food and Drug Administration-approved drug for the treatment of COVID-19. In this section, the COVID-19 Treatment Guidelines Panel (the Panel) provides recommendations for using antiviral drugs to treat COVID-19 based on the available data. As in the management of any disease, treatment decisions ultimately reside with the patient and their health care provider. For more information on these antiviral agents, see <u>Table 2e</u>.

#### Remdesivir

• See <u>Therapeutic Management of Hospitalized Adults with COVID-19</u> for recommendations on using remdesivir with or without dexamethasone.

#### **Ivermectin**

• There is insufficient evidence for the Panel to recommend either for or against the use of ivermectin for the treatment of COVID-19. Results from adequately powered, well-designed, and well-conducted clinical trials are needed to provide more specific, evidence-based guidance on the role of ivermectin in the treatment of COVID-19.

#### **Nitazoxanide**

• The Panel recommends against the use of nitazoxanide for the treatment of COVID-19, except in a clinical trial (Blla).

#### Hydroxychloroquine or Chloroquine and/or Azithromycin

• The Panel **recommends against** the use of **chloroquine** or **hydroxychloroquine** and/or **azithromycin** for the treatment of COVID-19 in hospitalized patients (Al) and in nonhospitalized patients (Alla).

#### Lopinavir/Ritonavir and Other HIV Protease Inhibitors

• The Panel **recommends against** the use of **lopinavir/ritonavir** and **other HIV protease inhibitors** for the treatment of COVID-19 in hospitalized patients (AI) and in nonhospitalized patients (AIII).

**Rating of Recommendations:** A = Strong; B = Moderate; C = Optional

**Rating of Evidence:** I = One or more randomized trials without major limitations; IIa = Other randomized trials or subgroup analyses of randomized trials; IIb = Nonrandomized trials or observational cohort studies; III = Expert opinion

## **Antiviral Therapy**

Because SARS-CoV-2 replication leads to many of the clinical manifestations of COVID-19, antiviral therapies are being investigated for the treatment of COVID-19. These drugs inhibit viral entry (via the angiotensin-converting enzyme 2 [ACE2] receptor and transmembrane serine protease 2 [TMPRSS2]), viral membrane fusion and endocytosis, or the activity of the SARS-CoV-2 3-chymotrypsin-like protease (3CLpro) and the RNA-dependent RNA polymerase. Because viral replication may be particularly active early in the course of COVID-19, antiviral therapy may have the greatest impact before the illness progresses to the hyperinflammatory state that can characterize the later stages of disease, including critical illness. For this reason, it is necessary to understand the role of antiviral medications in treating mild, moderate, severe, and critical illness in order to optimize treatment for people with COVID-19.

The following sections describe the underlying rationale for using different antiviral medications, provide the COVID-19 Treatment Guidelines Panel's recommendations for using these medications to treat COVID-19, and summarize the existing clinical trial data. Additional antiviral therapies will be added to this section of the Guidelines as new evidence emerges.

- 1. Sanders JM, Monogue ML, Jodlowski TZ, Cutrell JB. Pharmacologic treatments for Coronavirus Disease 2019 (COVID-19): a review. *JAMA*. 2020;323(18):1824-1836. Available at: <a href="https://www.ncbi.nlm.nih.gov/pubmed/32282022">https://www.ncbi.nlm.nih.gov/pubmed/32282022</a>.
- 2. Siddiqi HK, Mehra MR. COVID-19 illness in native and immunosuppressed states: a clinical-therapeutic staging proposal. *J Heart Lung Transplant*. 2020;39(5):405-407. Available at: <a href="https://www.ncbi.nlm.nih.gov/pubmed/32362390">https://www.ncbi.nlm.nih.gov/pubmed/32362390</a>.

## Remdesivir

Last Updated: April 21, 2021

Remdesivir is an intravenous nucleotide prodrug of an adenosine analog. Remdesivir binds to the viral RNA-dependent RNA polymerase and inhibits viral replication through premature termination of RNA transcription. It has demonstrated in vitro activity against SARS-CoV-2. In a rhesus macaque model of SARS-CoV-2 infection, remdesivir treatment was initiated soon after inoculation; the remdesivir-treated animals had lower virus levels in the lungs and less lung damage than the control animals.<sup>2</sup>

Remdesivir is approved by the Food and Drug Administration (FDA) for the treatment of COVID-19 in hospitalized adult and pediatric patients (aged  $\geq$ 12 years and weighing  $\geq$ 40 kg). It is also available through an FDA Emergency Use Authorization (EUA) for the treatment of COVID-19 in hospitalized pediatric patients weighing 3.5 kg to <40 kg or aged <12 years and weighing  $\geq$ 3.5 kg. Remdesivir should be administered in a hospital or a health care setting that can provide a similar level of care to an inpatient hospital.

Remdesivir has been studied in several clinical trials for the treatment of COVID-19. The recommendations from the COVID-19 Treatment Guidelines Panel (the Panel) are based on the results of these studies. See <u>Table 2a</u> for more information.

The safety and efficacy of combination therapy of remdesivir with corticosteroids have not been rigorously studied in clinical trials; however, there are theoretical reasons that combination therapy may be beneficial in some patients with severe COVID-19. For the Panel's recommendations on using remdesivir with or without dexamethasone in certain hospitalized patients, see <a href="https://doi.org/10.103/Jhc.2011/2.2012">Therapeutic Management of Hospitalized Adults With COVID-19</a>.

## **Monitoring and Adverse Effects**

Remdesivir can cause gastrointestinal symptoms (e.g., nausea), elevated transaminase levels, an increase in prothrombin time (without a change in the international normalized ratio), and hypersensitivity reactions.

Liver function tests and prothrombin time should be obtained in all patients before remdesivir is administered and during treatment as clinically indicated. Remdesivir may need to be discontinued if alanine transaminase (ALT) levels increase to >10 times the upper limit of normal and should be discontinued if an increase in ALT level and signs or symptoms of liver inflammation are observed.<sup>3</sup>

## **Considerations in Patients With Renal Insufficiency**

Each 100 mg vial of remdesivir lyophilized powder contains 3 g of sulfobutylether beta-cyclodextrin sodium (SBECD), whereas each 100 mg/20 mL vial of remdesivir solution contains 6 g of SBECD.<sup>3</sup> SBECD is a vehicle that is primarily eliminated through the kidneys. A patient with COVID-19 who receives a loading dose of remdesivir 200 mg would receive 6 g to 12 g of SBECD, depending on the formulation. This amount of SBECD is within the safety threshold for patients with normal renal function.<sup>4</sup> Accumulation of SBECD in patients with renal impairment may result in liver and renal toxicities. Clinicians may consider preferentially using the lyophilized powder formulation (which contains less SBECD) in patients with renal impairment.

Because both remdesivir formulations contain SBECD, patients with an estimated glomerular filtration rate (eGFR) of <50 mL/min were excluded from some clinical trials of remdesivir; other trials had an eGFR cutoff of <30 mL/min. Remdesivir **is not recommended** for patients with an eGFR <30 mL/

min due to lack of data.<sup>5</sup> Renal function should be monitored before and during remdesivir treatment as clinically indicated.<sup>3</sup>

In two observational studies that evaluated the use of remdesivir in hospitalized patients with COVID-19, no significant differences were reported in the incidences of adverse effects or acute kidney injury between patients with an estimated creatinine clearance (CrCl) <30 mL/min and those with an estimated CrCl ≥30 mL/min.<sup>6,7</sup> One of these studies evaluated patients who primarily received the solution formulation of remdesivir (20 patients had an estimated CrCl <30 mL/min and 115 had an estimated CrCl ≥30 mL/min);<sup>6</sup> the other study evaluated patients who received the lyophilized powder formulation (40 patients had an estimated CrCl <30 mL/min and 307 had an estimated CrCl ≥30 mL/min).<sup>7</sup>

#### **Drug-Drug Interactions**

Clinical drug-drug interaction studies of remdesivir have not been conducted. In vitro, remdesivir is a substrate of cytochrome P450 (CYP) 3A4 and of the drug transporters organic anion-transporting polypeptide (OATP) 1B1 and P-glycoprotein. It is also an inhibitor of CYP3A4, OATP1B1, OATP1B3, and multidrug and toxin extrusion protein 1 (MATE1).<sup>3</sup>

Minimal to no reduction in remdesivir exposure is expected when remdesivir is coadministered with dexamethasone, according to information provided by Gilead Sciences (written communication, July 2020). Chloroquine or hydroxychloroquine may decrease the antiviral activity of remdesivir; coadministration of these drugs **is not recommended**.<sup>3</sup> Remdesivir is not expected to have any significant interactions with oseltamivir or baloxavir, according to information provided by Gilead Sciences (written communications, August and September 2020).

See <u>Table 2e</u> for more information.

## Considerations in Pregnancy

- Pregnant patients were excluded from the clinical trials that evaluated the safety and efficacy of remdesivir for the treatment of COVID-19, but preliminary reports of remdesivir use in pregnant patients from the remdesivir compassionate use program are reassuring.
- Among 86 pregnant and postpartum hospitalized patients with severe COVID-19 who received compassionate use remdesivir, the therapy was well tolerated, with a low rate of serious adverse events <sup>8</sup>
- Remdesivir should not be withheld from pregnant patients if it is otherwise indicated.

#### **Considerations in Children**

- The safety and effectiveness of using remdesivir to treat COVID-19 have not been evaluated in pediatric patients aged <12 years or weighing <40 kg.
- Remdesivir is available through an FDA EUA for the treatment of COVID-19 in hospitalized pediatric patients weighing 3.5 kg to <40 kg or aged <12 years and weighing ≥3.5 kg.
- A clinical trial is currently evaluating the pharmacokinetics of remdesivir in children (*ClinicalTrials.gov* Identifier NCT04431453).

#### **Clinical Trials**

Several clinical trials that are evaluating the use of remdesivir for the treatment of COVID-19 are currently underway or in development. Please see *ClinicalTrials.gov* for the latest information.

- 1. Wang M, Cao R, Zhang L, et al. Remdesivir and chloroquine effectively inhibit the recently emerged novel coronavirus (2019-nCoV) in vitro. *Cell Res.* 2020;30(3):269-271. Available at: https://www.ncbi.nlm.nih.gov/pubmed/32020029.
- 2. Williamson BN, Feldmann F, Schwarz B, et al. Clinical benefit of remdesivir in rhesus macaques infected with SARS-CoV-2. *Nature*. 2020;585(7824):273-276. Available at: <a href="https://www.ncbi.nlm.nih.gov/pubmed/32516797">https://www.ncbi.nlm.nih.gov/pubmed/32516797</a>.
- 3. Remdesivir (Veklury) [package insert]. Food and Drug Administration. 2020. Available at: <a href="https://www.accessdata.fda.gov/drugsatfda">https://www.accessdata.fda.gov/drugsatfda</a> docs/label/2020/214787Orig1s000lbl.pdf.
- 4. Committee for Human Medicinal Products. Background review for cyclodextrins used as excipients. 2014. Available at: <a href="https://www.ema.europa.eu/en/documents/report/background-review-cyclodextrins-used-excipients-context-revision-guideline-excipients-label-package">https://www.ema.europa.eu/en/documents/report/background-review-cyclodextrins-used-excipients-context-revision-guideline-excipients-label-package</a> en.pdf.
- 5. Adamsick ML, Gandhi RG, Bidell MR, et al. Remdesivir in patients with acute or chronic kidney disease and COVID-19. *J Am Soc Nephrol*. 2020;31(7):1384-1386. Available at: https://www.ncbi.nlm.nih.gov/pubmed/32513665.
- 6. Pettit NN, Pisano J, Nguyen CT, et al. Remdesivir use in the setting of severe renal impairment: a theoretical concern or real risk? *Clin Infect Dis*. 2020; Published online ahead of print. Available at: https://www.ncbi.nlm.nih.gov/pubmed/33315065.
- 7. Ackley TW, McManus D, Topal JE, Cicali B,Shah S. A valid warning or clinical lore: an evaluation of safety outcomes of remdesivir in patients with impaired renal function from a multicenter matched cohort. *Antimicrob Agents Chemother*. 2021;65(2). Available at: <a href="https://www.ncbi.nlm.nih.gov/pubmed/33229428">https://www.ncbi.nlm.nih.gov/pubmed/33229428</a>.
- 8. Burwick RM, Yawetz S, Stephenson KE, et al. Compassionate use of remdesivir in pregnant women with severe covid-19. *Clin Infect Dis*. 2020;Published online ahead of print. Available at: <a href="https://www.ncbi.nlm.nih.gov/pubmed/33031500">https://www.ncbi.nlm.nih.gov/pubmed/33031500</a>.

## Table 2a. Remdesivir: Selected Clinical Data

Last Updated: February 11, 2021

The clinical trials described in this table do not represent all the trials that the Panel reviewed while developing the recommendations for RDV. The studies summarized below are those that have had the greatest impact on the Panel's recommendations.

Study Design	Methods	Results	Limitations and Interpretation			
Adaptive COVID-19 Treat	Adaptive COVID-19 Treatment Trial (ACTT-1) <sup>1</sup>					
Multinational, placebo- controlled, double-blind	Key Inclusion Criteria:  • Aged ≥18 years	Number of Participants: • RDV (n = 541) and placebo (n = 521)	Limitations:  • Wide range of disease severity;			
RCT in hospitalized patients (n = 1,062)	<ul> <li>Aged ≥18 years</li> <li>Laboratory-confirmed SARS-CoV-2 infection</li> <li>At least 1 of the following conditions: <ul> <li>Pulmonary infiltrates, as determined by radiographic imaging</li> <li>SpO<sub>2</sub> ≤94% on room air</li> <li>Required supplemental oxygen</li> <li>Required mechanical ventilation</li> <li>Required ECMO</li> </ul> </li> <li>Key Exclusion Criteria: <ul> <li>ALT or AST &gt;5 times ULN</li> <li>eGFR &lt;30 mL/min</li> <li>Pregnancy or breastfeeding</li> </ul> </li> <li>Interventions: <ul> <li>IV RDV 200 mg on Day 1, then 100 mg daily for up to 9 more days</li> </ul> </li> <li>Placebo for 10 days</li> </ul> <li>Primary Endpoint: <ul> <li>Time to clinical recovery</li> </ul> </li> <li>Ordinal Scale Definitions: <ul> <li>Not hospitalized, no limitations</li> <li>Not hospitalized, with limitations</li> </ul> </li> <li>Hospitalized, no active medical problems</li>	<ul> <li>RDV (n = 541) and placebo (n = 521)</li> <li>Participant Characteristics:</li> <li>Median time from symptom onset to randomization was 9 days (IQR 6–12 days).</li> <li>Outcomes</li> <li>Overall Results:</li> <li>RDV reduced time to recovery compared to placebo (10 days vs. 15 days; RRR 1.29; 95% CI, 1.12–1.49; P &lt; 0.001).</li> <li>Clinical improvement based on ordinal scale was higher at Day 15 in RDV arm (OR 1.5; 95% CI, 1.2–1.9; P &lt; 0.001).</li> <li>No statistically significant difference in mortality by Day 29 between RDV and placebo arms (HR 0.73; 95% CI, 0.52–1.03; P = 0.07).</li> <li>Benefit of RDV was greatest in patients randomized during the first 10 days after symptom onset.</li> <li>Results by Disease Severity at Enrollment:</li> <li>No difference in median time to recovery between arms among patients who had mild to moderate disease at enrollment.</li> <li>Benefit of RDV for reducing time to recovery was clearest in patients who required supplemental oxygenation at enrollment (n = 435; RRR 1.45; 95% CI, 1.18–1.79), and RDV appeared to confer</li> </ul>	<ul> <li>Wide range of disease severity; study was not powered to detect differences within subgroups</li> <li>Powered to detect differences in clinical improvement, not mortality</li> <li>No data collected on longer-term morbidity</li> <li>Interpretation:         <ul> <li>In patients with severe COVID-19, RDV reduced time to clinical recovery.</li> <li>Benefit of RDV was most apparent in hospitalized patients on supplemental oxygen.</li> <li>No observed benefit in those on high-flow oxygen, noninvasive ventilation, mechanical ventilation, or ECMO, but the study was not powered to detect differences within subgroups.</li> <li>No observed benefit of RDV in patients with mild or moderate COVID-19, but the number of participants in these categories was relatively small.</li> </ul> </li> </ul>			

Study Design	Methods	Results	Limitations and Interpretation		
Adaptive COVID-19 Treat	Adaptive COVID-19 Treatment Trial (ACTT-1)¹, continued				
	<ul> <li>4. Hospitalized, not on oxygen</li> <li>5. Hospitalized, on oxygen</li> <li>6. Hospitalized, on high-flow oxygen or noninvasive mechanical ventilation</li> <li>7. Hospitalized, on mechanical ventilation or ECMO</li> <li>8. Death</li> </ul>	<ul> <li>a survival benefit in this subgroup (HR for death by Day 29 0.30; 95% CI, 0.14–0.64).</li> <li>No observed difference in time to recovery between arms in patients on high-flow oxygen or noninvasive ventilation at enrollment (RRR 1.09; 95% CI, 0.76–1.57). No evidence that RDV affected mortality rate in this subgroup (HR 1.02; 95% CI, 0.54–1.91).</li> <li>No observed difference in time to recovery between arms in patients on mechanical ventilation or ECMO at enrollment (RRR 0.98; 95% CI, 0.70–1.36). No evidence that RDV affected mortality rate in this subgroup (HR 1.13; 95% CI, 0.67–1.89).</li> </ul>			
		Safety Results: • Percentages of patients with SAEs were similar			
		<ul><li>between arms (25% vs. 32%).</li><li>Transaminase elevations: 6% of RDV recipients, 10.7% of placebo recipients</li></ul>			
Remdesivir Versus Place	ebo for Severe COVID-19 in China <sup>2</sup>				
Multicenter, placebo-	Key Inclusion Criteria:	Number of Participants:	Limitations:		
controlled, double-blind RCT in hospitalized patients with severe COVID-19 (n = 237)	<ul> <li>Aged ≥18 years</li> <li>Laboratory-confirmed SARS-CoV-2 infection</li> <li>Time from symptom onset to randomization &lt;12 days</li> <li>SpO<sub>2</sub> ≤94% on room air or PaO<sub>2</sub>/FiO<sub>2</sub> &lt;300 mm Hg</li> <li>Radiographically confirmed pneumonia</li> <li>Key Exclusion Criteria:</li> <li>ALT or AST &gt;5 times ULN</li> <li>eGFR &lt;30 mL/min</li> <li>Pregnancy or breastfeeding</li> </ul>	<ul> <li>ITT analysis: RDV (n = 158) and placebo (n = 78)</li> <li>Study stopped before reaching target enrollment of 453 patients due to control of the COVID-19 outbreak in China.</li> <li>Participant Characteristics:</li> <li>Median time from symptom onset to randomization: 9 days for RDV arm, 10 days for placebo arm</li> <li>Receipt of corticosteroids: 65% of patients in RDV arm, 68% in placebo arm</li> <li>Receipt of LPV/RTV: 28% of patients in RDV arm, 29% in placebo arm</li> </ul>	<ul> <li>Sample size did not have sufficient power to detect differences in clinical outcomes.</li> <li>Use of concomitant medications (i.e., corticosteroids, LPV/RTV, IFNs) may have obscured effects of RDV.</li> <li>Interpretation:</li> <li>No difference in time to clinical improvement, 28-day mortality, or rate of SARS-CoV-2 clearance between RDV-treated and</li> </ul>		

Study Design	Methods	Results	Limitations and Interpretation
Remdesivir Versus Plac	ebo for Severe COVID-19 in China <sup>2</sup> , continued		
	Interventions:  • IV RDV 200 mg on Day 1, then 100 mg daily for 9 days  • Saline placebo for 10 days  Primary Endpoint:  • Time to clinical improvement, defined as improvement on an ordinal scale or being discharged alive from the hospital	<ul> <li>Receipt of IFN alfa-2b: 29% of patients in RDV arm, 38% in placebo arm</li> <li>Outcomes:</li> <li>No difference in time to clinical improvement between RDV and placebo arms (median time 21 days vs. 23 days; HR 1.23; 95% CI, 0.87–1.75).</li> <li>For patients who started RDV or placebo within 10 days of symptom onset, faster time to clinical improvement was seen with RDV (median time 18 days vs. 23 days; HR 1.52; 95% CI, 0.95–2.43); however, this was not statistically significant.</li> <li>28-day mortality was similar between arms (14% of patients in RDV arm, 13% in placebo arm).</li> <li>No difference between arms in SARS-CoV-2 viral load at baseline, and rate of decline over time was similar.</li> <li>Percentage of patients with AEs: 66% in RDV arm, 64% in placebo arm</li> <li>Discontinuations due to AEs: 12% of patients in RDV arm, 5% in placebo arm</li> </ul>	however, study was underpowered to detect differences in these outcomes between arms.
World Health Organizati	on Solidarity Trial <sup>3</sup>		
International, open-	Key Inclusion Criteria:	Number of Participants:	Limitations:
label, adaptive RCT with multiple treatment arms that enrolled hospitalized patients with COVID-19 (n =	<ul> <li>Aged ≥18 years</li> <li>Not known to have received any study drug</li> <li>Not expected to be transferred elsewhere within 72 hours</li> </ul>	<ul> <li>ITT analysis: RDV (n = 2,743) and SOC (n = 2,708)</li> <li>Participant Characteristics:</li> <li>Percentage of patients aged 50–69 years: 47% in</li> </ul>	Open-label study design limits the ability to assess time to recovery; clinicians and patients were aware of treatment assignment, so RDV may have
11,330). In 1 arm, patients received RDV.	<ul> <li>Physician reported no contraindications to study drugs</li> <li>Interventions:</li> <li>IV RDV 200 mg on Day 0, then 100 mg daily</li> </ul>	RDV arm, 48% in SOC arm  • Percentage of patients aged ≥70 years: 18% in RDV arm, 17% in SOC arm  • 67% of patients in both arms were on	been continued to complete the treatment course even if the patient had improved.  • No data on time from symptom
	on Days 1–9 • Local SOC	<ul><li>supplemental oxygen at entry.</li><li>9% of patients in both arms were mechanically ventilated at entry.</li></ul>	<ul><li>onset to enrollment</li><li>No assessment of outcomes post hospital discharge</li></ul>

Study Design	Methods	Results	Limitations and Interpretation			
World Health Organizati	World Health Organization Solidarity Trial <sup>3</sup> , continued					
	Primary Endpoint: • In-hospital mortality Secondary Endpoints: • Initiation of mechanical ventilation • Duration of hospitalization	<ul> <li>Percentage of patients hospitalized for ≥2 days at entry: 40% in RDV arm, 39% in SOC arm</li> <li>Percentages of patients with comorbid conditions were similar between RDV and SOC arms: diabetes (26% and 25%), heart disease (21% both groups), and chronic lung disease (6% and 5%).</li> <li>48% of patients in both arms received corticosteroids.</li> <li>Primary Outcomes:</li> <li>In-hospital mortality: 301 deaths (11.0%) in RDV arm, 303 deaths (11.2%) in SOC arm</li> <li>Rate ratios for in-hospital death: <ul> <li>Overall: 0.95 (95% CI, 0.81–1.11)</li> <li>No mechanical ventilation at entry: 0.86 (99% CI, 0.67–1.11)</li> <li>Mechanical ventilation at entry: 1.20 (99% CI, 0.80–1.80)</li> </ul> </li> <li>Secondary Outcomes: <ul> <li>Initiation of mechanical ventilation: 295 patients (10.8%) in RDV arm, 284 patients (10.5%) in SOC arm</li> </ul> </li> </ul>	Interpretation:  • RDV did not decrease in-hospital mortality in hospitalized patients when compared to local SOC.			
Remdesivir Versus Stan	dard of Care in Hospitalized Patients with Mode	rate COVID-19⁴				
Open-label randomized	Key Inclusion Criteria:	Number of Participants:	Limitations:			
trial in hospitalized patients (n = 596)	<ul> <li>Laboratory-confirmed SARS-CoV-2 infection</li> <li>Moderate pneumonia, defined as radiographic evidence of pulmonary infiltrates and SpO<sub>2</sub> &gt;94% on room air</li> </ul>	• 584 patients began treatment: 10-day RDV (n = 193), 5-day RDV (n = 191), and SOC (n = 200)  Participant Characteristics:	<ul> <li>Open-label design may have affected decisions related to concomitant medication use and hospital discharge.</li> </ul>			
	>94% on room air <b>Key Exclusion Criteria:</b> • ALT or AST >5 times ULN • CrCl <50 mL/min	<ul> <li>Demographic and baseline disease characteristics were similar across all arms.</li> <li>Outcomes:</li> <li>5-day RDV had significantly higher odds of better clinical status distribution on Day 11 than SOC (OR 1.65; 95% CI, 1.09–2.48; P = 0.02).</li> </ul>	Greater proportion of patients in SOC arm received HCQ, LPV/RTV, or AZM, which may cause AEs and have not shown clinical benefits in hospitalized patients with COVID-19.			

Study Design	Methods	Results	Limitations and Interpretation		
Remdesivir Versus Stan	Remdesivir Versus Standard of Care in Hospitalized Patients with Moderate COVID-194, continued				
	Interventions:  • IV RDV 200 mg on Day 1, then 100 mg daily for 9 days	• Clinical status distribution on Day 11 was not significantly different between the 10-day RDV and SOC arms ( <i>P</i> = 0.18).	No data on time to return to activity for discharged patients     Interpretation:		
	<ul> <li>IV RDV 200 mg on Day 1, then 100 mg daily for 4 days</li> <li>Local SOC</li> </ul>	By Day 28, there were more hospital discharges among patients who received RDV (89% in 5-day arm and 90% in 10-day arm) than those who received SOC (83%).	Hospitalized patients with moderate COVID-19 who received 5 days of RDV had		
	Primary Endpoint:	• Mortality was low in all arms (1% to 2%).	better outcomes than those		
	Clinical status on Day 11, as measured by a 7-point ordinal scale	<ul> <li>Percentages of patients with AEs in RDV arms vs. SOC arm: nausea (10% vs. 3%), hypokalemia (6% vs. 2%), and headache (5% vs. 3%)</li> </ul>	who received SOC; however, difference between arms was of uncertain clinical importance.		
Different Durations of R	emdesivir Treatment in Hospitalized Patients <sup>5</sup>				
Manufacturer-	Key Inclusion Criteria:	Number of Participants:	Limitations:		
sponsored, multinational, randomized, open-label trial in hospitalized patients with COVID-19 (n = 402)	<ul> <li>Aged ≥12 years</li> <li>Laboratory-confirmed SARS-CoV-2 infection</li> <li>Radiographic evidence of pulmonary infiltrates</li> <li>SpO<sub>2</sub> ≤94% on room air or receipt of supplemental oxygen</li> <li>Key Exclusion Criteria:</li> <li>Receipt of mechanical ventilation or ECMO</li> <li>Multiorgan failure</li> <li>ALT or AST &gt;5 times ULN</li> <li>Estimated CrCl &lt;50 mL/min</li> <li>Interventions:</li> <li>IV RDV 200 mg on Day 1, then 100 mg daily for 4 days</li> <li>IV RDV 200 mg on Day 1, then 100 mg daily for 9 days</li> <li>Primary Endpoint:</li> </ul>	<ul> <li>397 participants began treatment: 5-day RDV (n = 200) and 10-day RDV (n = 197)</li> <li>Participant Characteristics:</li> <li>At baseline, patients in 10-day arm had worse clinical status (based on ordinal scale distribution) than those in 5-day arm (P = 0.02)</li> <li>Outcomes:</li> <li>After adjusting for imbalances in baseline clinical status, Day 14 distribution in clinical status on the ordinal scale was similar between arms (P = 0.14).</li> <li>Time to achieve clinical improvement of at least 2 levels on the ordinal scale (median day of 50% cumulative incidence) was similar between arms (10 days vs. 11 days).</li> <li>Median durations of hospitalization among patients discharged on or before Day 14 were similar between 5-day (7 days; IQR 6-10 days) and 10-day arms (8 days; IQR 5-10 days).</li> </ul>	<ul> <li>This was an open-label trial without a placebo control arm, so clinical benefit of RDV (compared with no RDV) could not be assessed.</li> <li>There were baseline imbalances in clinical status of patients in the 5-day and 10-day arms.</li> <li>Interpretation:</li> <li>In hospitalized patients with severe COVID-19 who were not on mechanical ventilation or ECMO, RDV treatment for 5 or 10 days had a similar clinical benefit.</li> </ul>		
	Clinical status at Day 14, as measured by a 7-point ordinal scale	Percentages of patients with SAEs: 35% in 10-day arm, 21% in 5-day arm			

Study Design	Methods	Results	Limitations and Interpretation	
Different Durations of Remdesivir Treatment in Hospitalized Patients <sup>5</sup> , continued				
		• Discontinuations due to AEs: 4% of patients in 5-day arm, 10% in 10-day arm		

**Key:** AE = adverse effects; ALT = alanine transaminase; AST = aspartate aminotransferase; AZM = azithromycin; CrCl = creatinine clearance; ECMO = extracorporeal membrane oxygenation; eGFR = estimated glomerular filtration rate; HCQ = hydroxychloroquine; IFN = interferon; ITT = intention to treat; IV = intravenous; LPV/ RTV = lopinavir/ritonavir; the Panel = the COVID-19 Treatment Guidelines Panel; PaO<sub>2</sub>/FiO<sub>2</sub> = ratio of arterial partial pressure of oxygen to fraction of inspired oxygen; RCT = randomized controlled trial; RDV = remdesivir; RRR = recovery rate ratio; SAE = serious adverse effects; SARS-CoV-2 = severe acute respiratory syndrome coronavirus 2; SOC = standard of care; SpO<sub>2</sub> = saturation of oxygen; ULN = upper limit of normal

#### References

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# Chloroquine or Hydroxychloroquine and/or Azithromycin

Last Updated: July 8, 2021

Chloroquine is an antimalarial drug that was developed in 1934. Hydroxychloroquine, an analogue of chloroquine, was developed in 1946. Hydroxychloroquine is used to treat autoimmune diseases, such as systemic lupus erythematosus and rheumatoid arthritis, in addition to malaria.

Both chloroquine and hydroxychloroquine increase the endosomal pH, which inhibits fusion between SARS-CoV-2 and the host cell membrane.¹ Chloroquine inhibits glycosylation of the cellular angiotensin-converting enzyme 2 (ACE2) receptor, which may interfere with the binding of SARS-CoV to the cell receptor.² In vitro studies have suggested that both chloroquine and hydroxychloroquine may block the transport of SARS-CoV-2 from early endosomes to endolysosomes, possibly preventing the release of the viral genome.³ Both chloroquine and hydroxychloroquine also have immunomodulatory effects, which have been hypothesized to be another potential mechanism of action for the treatment of COVID-19. Azithromycin has antiviral and anti-inflammatory properties. When used in combination with hydroxychloroquine, it has been shown to have a synergistic effect on SARS-CoV-2 in vitro and in molecular modeling studies.⁴,⁵ However, despite demonstrating antiviral activity in some in vitro systems, neither hydroxychloroquine plus azithromycin nor hydroxychloroquine alone reduced upper or lower respiratory tract viral loads or demonstrated clinical efficacy in a rhesus macaque model.⁶

The safety and efficacy of chloroquine or hydroxychloroquine with or without azithromycin and azithromycin alone have been evaluated in randomized clinical trials, observational studies, and/or single-arm studies. Please see <u>Table 2b</u> for more information.

#### Recommendation

• The COVID-19 Treatment Guidelines Panel (the Panel) **recommends against** the use of chloroquine or hydroxychloroquine and/or azithromycin for the treatment of COVID-19 in hospitalized patients (AI) and in nonhospitalized patients (AIIa).

#### Rationale

#### Hospitalized Patients

In a large randomized controlled platform trial of hospitalized patients in the United Kingdom (RECOVERY), hydroxychloroquine did not decrease 28-day mortality when compared to the usual standard of care. Patients who were randomized to receive hydroxychloroquine had a longer median hospital stay than those who received the standard of care. In addition, among patients who were not on invasive mechanical ventilation at the time of randomization, those who received hydroxychloroquine were more likely to subsequently require intubation or die during hospitalization than those who received the standard of care.<sup>7</sup>

The results from several additional large randomized controlled trials have been published; these trials have failed to show a benefit for hydroxychloroquine with or without azithromycin or azithromycin alone in hospitalized adults with COVID-19. In the Solidarity trial, an international randomized controlled platform trial that enrolled hospitalized patients with COVID-19, the hydroxychloroquine arm was halted for futility. There was no difference in in-hospital mortality between patients in the hydroxychloroquine arm and those in the control arm. Similarly, PETAL, a randomized, placebocontrolled, blinded study, was stopped early for futility. In this study, there was no difference in the median scores on the COVID Outcomes Scale between patients who received hydroxychloroquine and those who received placebo. Data from two additional randomized studies of hospitalized patients

with COVID-19 did not support using hydroxychloroquine plus azithromycin over hydroxychloroquine alone.<sup>10,11</sup> In RECOVERY, azithromycin alone (without hydroxychloroquine) did not improve survival or other clinical outcomes when compared to the usual standard of care.<sup>12</sup>

In addition to these randomized trials, data from large retrospective observational studies do not consistently show evidence of a benefit for hydroxychloroquine with or without azithromycin in hospitalized patients with COVID-19.<sup>13-15</sup> Please see <u>Table 2b</u> or the <u>archived versions</u> of the Guidelines for more information.

Given the lack of a benefit seen in the randomized clinical trials, the Panel **recommends against** using hydroxychloroquine or chloroquine and/or azithromycin to treat COVID-19 in hospitalized patients (AI).

#### Nonhospitalized Patients

Several randomized trials have not shown a clinical benefit for hydroxychloroquine in nonhospitalized patients with early, asymptomatic, or mild COVID-19. In an open-label trial, Mitja et al. randomized 307 nonhospitalized people who were recently confirmed to have COVID-19 to receive hydroxychloroquine or no antiviral treatment. Patients in the hydroxychloroquine arm received hydroxychloroquine 800 mg on Day 1 followed by 400 mg daily for an additional 6 days. The authors reported no difference in the mean reduction in SARS-CoV-2 RNA at Day 3 or the time to clinical improvement between the two arms (see <u>Table 2b</u> for more information). In another trial, treating patients who had asymptomatic or mild COVID-19 with hydroxychloroquine with or without azithromycin did not result in greater rates of virologic clearance (as measured by a negative polymerase chain reaction [PCR] result on Day 6). In an other trial in the hydroxychloroquine with or without azithromycin did not result in greater rates of virologic clearance (as measured by a negative polymerase chain reaction [PCR] result on Day 6).

An open-label, prospective, randomized trial compared oral azithromycin 500 mg once daily for 3 days plus standard of care to standard of care alone in nonhospitalized, high-risk, older adults who had laboratory-confirmed or suspected COVID-19. No differences were observed between the arms in the primary endpoints of time to first self-reported recovery and hospitalization or death due to COVID-19. These findings remained consistent in an analysis that was restricted to participants with positive SARS-CoV-2 PCR results. The study was ultimately halted due to futility. Similarly, in a preliminary report from ATOMIC-2, adding oral azithromycin 500 mg once daily to standard of care for 14 days did not reduce the risk of hospitalization or death among 292 participants with mild to moderate COVID-19.

While ongoing clinical trials are still evaluating the use of chloroquine, hydroxychloroquine, and azithromycin in outpatients, the existing data suggest that it is unlikely that clinical benefits will be identified for these agents. The Panel **recommends against** the use of chloroquine or hydroxychloroquine and/or azithromycin for the treatment of COVID-19 in nonhospitalized patients (AIIa).

#### **Adverse Effects**

Chloroquine and hydroxychloroquine have similar toxicity profiles, although hydroxychloroquine is better tolerated and has a lower incidence of toxicity than chloroquine. Cardiac adverse events that have been reported in people who received hydroxychloroquine include QTc prolongation, Torsades de Pointes, ventricular arrythmia, and cardiac deaths.<sup>21</sup>

The use of azithromycin has also been associated with QTc prolongation,<sup>22</sup> and using it in combination with hydroxychloroquine has been associated with a higher incidence of QTc prolongation and cardiac adverse events in patients with COVID-19.<sup>23,24</sup>

## **Drug-Drug Interactions**

Chloroquine and hydroxychloroquine are moderate inhibitors of cytochrome P450 2D6, and these drugs

are also P-glycoprotein inhibitors. Chloroquine and hydroxychloroquine may decrease the antiviral activity of remdesivir; coadministration of these drugs **is not recommended**.<sup>25</sup>

### **Drug Availability**

Hydroxychloroquine, chloroquine, and azithromycin **are not approved** by the Food and Drug Administration (FDA) for the treatment of COVID-19. Furthermore, the FDA Emergency Use Authorization for hydroxychloroquine and chloroquine was revoked in June 2020.

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# Table 2b. Chloroquine or Hydroxychloroquine and/or Azithromycin: Selected Clinical Data

Last Updated: July 8, 2021

The information in this table may include data from preprints or articles that have not been peer reviewed. This section will be updated as new information becomes available. Please see *ClinicalTrials.gov* for more information on clinical trials that are evaluating CQ, HCQ, and/or AZM.

The Panel has reviewed other clinical studies of HCQ with or without AZM, CQ, and AZM for the treatment of COVID-19.<sup>1-19</sup> These studies have limitations that make them less definitive and informative than the studies discussed here. The Panel's summaries and interpretations of some of those studies are available in the <u>archived versions</u> of the COVID-19 Treatment Guidelines.

Study Design	Methods	Results	Limitations and Interpretation		
Solidarity Trial: Hydroxy	Solidarity Trial: Hydroxychloroquine in Hospitalized Patients With COVID-19 <sup>20</sup>				
Open-label randomized	Key Inclusion Criteria:	Number of Participants:	Key Limitations:		
controlled platform trial with multiple arms;	Aged ≥18 years	• ITT analysis: HCQ (n = 947) and HCQ control (n = 906)	Not blinded		
in 1 arm, hospitalized	• Received a diagnosis of COVID-19	• Enrollment occurred between March 22 and October 4, 2020.	Disease severity varied widely		
patients received HCQ	Key Exclusion Criteria:	Participant Characteristics:	among patients.		
(n = 11,330)	Already receiving study drug	• 35% of patients enrolled in each arm were aged <50 years;	Interpretation:		
	Expected to be transferred	21% of patients were aged ≥70 years.	HCQ does not decrease in-		
	elsewhere within 72 hours	2170 to 2070 of patients had diabeted monitus, 2070 to 2170	hospital mortality in hospitalized patients with COVID-19 when		
	Interventions:	had heart disease, and 6.5% to 7% had chronic lung disease.	compared to SOC.		
	HCQ plus local SOC. Patients	• At entry, 36% to 38% of patients were not on supplemental oxygen, 53% to 55% were receiving supplemental oxygen	HCQ does not decrease the need		
	received a loading dose of HCQ	only, and 9% were receiving IMV.	for mechanical ventilation when		
	800 mg PO at entry, then HCQ 800 mg PO 6 hours later followed	• SOC included corticosteroids for 23% of patients in HCQ arm	compared to SOC.		
	by a daily dose of HCQ 400	and 22% of patients in SOC only arm.	• There was no evidence of harm in the HCQ arm.		
	mg PO twice daily for 10 days,	Outcomes:	LITE HOW AITH.		
	starting 12 hours after the entry dose.	No significant difference in in-hospital mortality; 104 patients			
	• Local SOC alone	(10.2%) in HCQ arm and 84 patients (8.9%) in SOC arm died			
	LUCAI UUU AIUIIG	by Day 28 (rate ratio 1.19; 95% CI, 0.89–1.59; <i>P</i> = 0.23).			

Study Design	Methods	Results	Limitations and Interpretation			
Solidarity Trial: Hydroxy	Solidarity Trial: Hydroxychloroquine in Hospitalized Patients With COVID-19 <sup>20</sup> , continued					
	Primary Endpoint:  • In-hospital mortality (i.e., death during the original hospitalization; follow-up ended at discharge from the hospital)	<ul> <li>Subgroup analyses based on age or respiratory support at entry reported no significant difference in mortality between the arms.</li> <li>No difference between the arms in the secondary outcome of initiation of ventilation, and no difference in the composite outcome of in-hospital mortality or initiation of ventilation</li> <li>The number of deaths due to any cardiac cause during the 14 days after enrollment (the dosing period) was lower in these 2 arms than in the other study arms (the RDV, LPV/RTV, and IFN arms and their respective control arms).</li> </ul>				
PETAL Trial: Hydroxychl	oroquine in Hospitalized Patients Wi	ith COVID-19 <sup>21</sup>				
Randomized, placebo-	Key Inclusion Criteria:	Number of Participants:	Key Limitations:			
controlled, blinded trial in hospitalized adults (n = 479)	<ul> <li>Laboratory-confirmed SARS-CoV-2 infection</li> <li>Symptoms of respiratory illness for &lt;10 days</li> <li>Key Exclusion Criteria:</li> <li>More than 1 dose of HCQ or CQ during the previous 10 days</li> </ul>	<ul> <li>Enrollment occurred between April 2 and June 19, 2020.</li> <li>HCQ (n = 242) and placebo (n = 237)</li> <li>Planned sample size was 510 participants, but study enrollment was halted early due to futility.</li> <li>Participant Characteristics:</li> <li>Median age was 58 and 57 years in HCQ and placebo arms, respectively; 33% of patients were aged ≥65 years and 24% of</li> </ul>	<ul> <li>It is unclear how the primary outcome of this study (a median COVID Outcomes Scale score) translates to clinical practice.</li> <li>Interpretation:</li> <li>HCQ does not improve patient scores on the COVID Outcomes</li> </ul>			
	<ul> <li>Prolonged QTc interval (&gt;500 ms)</li> <li>Interventions:</li> <li>HCQ 400 mg PO twice daily for 2 doses, then HCQ 200 mg PO twice daily for 8 doses</li> <li>Matching placebo</li> <li>Primary Endpoint:</li> <li>Clinical status 14 days after</li> </ul>	<ul> <li>patients were Black/African American.</li> <li>33% to 36% of patients had diabetes mellitus, 6% to 12% had heart disease, and 7% to 9% had chronic lung disease.</li> <li>At randomization, 5.4% of patients in HCQ arm and 8% in placebo arm were receiving IMV or ECMO. In both arms, 11% to 12% of patients were receiving noninvasive ventilation or HFNC oxygen, 46% to 48% were receiving low-flow oxygen, and 35% were receiving no respiratory support.</li> <li>Among the patients who received concomitant medications,</li> </ul>	Scale in hospitalized patients with laboratory-confirmed SARS-CoV-2 infection when compared to placebo.  • HCQ did not improve survival or time to discharge in these patients when compared to placebo.			
	randomization, as measured by a 7-point ordinal scale (the COVID Outcomes Scale)	22% received RDV, 19% received AZM, and 18% received corticosteroids. There was no difference in concomitant medication use between the arms.				

Study Design	Methods	Results	Limitations and Interpretation			
PETAL Trial: Hydroxychl	PETAL Trial: Hydroxychloroquine in Hospitalized Patients With COVID-19 <sup>21</sup> , continued					
		<ul> <li>Outcomes:</li> <li>Median COVID Outcomes Scale score was 6 in HCQ arm (IQR 4–7) and 6 in placebo arm (IQR 4–7; aOR 1.02; 95% CI, 0.73–1.42).</li> <li>No difference between the arms in the secondary outcome of all-cause, all-location death at Day 14 and Day 28</li> <li>No difference between the arms in the number of any of the following systematically collected safety events: cardiac arrest treated with CPR, symptomatic hypoglycemia, ventricular arrhythmia, or seizure</li> <li>Among patients who had QTc assessed, 5.9% in HCQ arm and 3.3% in placebo arm had a recorded QTc interval &gt;500 ms</li> </ul>				
RECOVERY Trial <sup>22</sup>		during the first 5 days of dosing.				
Open-label, randomized	Key Inclusion Criteria:	Number of Participants:	Key Limitations:			
controlled platform trial with multiple arms; in 1 arm, hospitalized patients received HCQ (n = 11,197)	Clinically suspected or laboratory-confirmed SARS- CoV-2 infection      Key Exclusion Criteria:	<ul> <li>HCQ (n = 1,561) and SOC (n = 3,155)</li> <li>Study enrollment ended early after investigators and trial-steering committee concluded that the data showed no benefit for HCQ.</li> </ul>	<ul> <li>Not blinded</li> <li>Information on occurrence of new major cardiac arrythmia was not collected throughout the trial.</li> </ul>			
(11 = 11,197)	Patients with prolonged QTc	Participant Characteristics:	Interpretation:			
	intervals were excluded from HCQ arm.  Interventions:  HCQ 800 mg at entry and at 6 hours, then HCQ 400 mg every 12 hours for 9 days or until discharge  Usual SOC  Primary Endpoint:  All-cause mortality at Day 28 after randomization	<ul> <li>Mean age was 65 years in both arms; 41% of patients were aged ≥70 years.</li> <li>90% of patients had laboratory-confirmed SARS-CoV-2 infection.</li> <li>57% of patients had ≥1 major comorbidity: 27% had diabetes mellitus, 26% had heart disease, and 22% had chronic lung disease.</li> <li>At randomization, 17% of patients were receiving IMV or ECMO, 60% were receiving oxygen only (with or without noninvasive ventilation), and 24% were receiving neither.</li> <li>Use of AZM or another macrolide during the follow-up period was similar in both arms, as was use of dexamethasone.</li> </ul>	<ul> <li>HCQ does not decrease 28-day all-cause mortality when compared to the usual SOC in hospitalized patients with clinically suspected or laboratory-confirmed SARS-CoV-2 infection.</li> <li>Patients who received HCQ had a longer median length of hospital stay, and those who were not on IMV at the time of randomization were more likely to require intubation or die during hospitalization if they received HCQ.</li> </ul>			

Study Design	Methods	Results	Limitations and Interpretation			
RECOVERY Trial <sup>22</sup> , conti	RECOVERY Trial <sup>22</sup> , continued					
		<ul> <li>Outcomes:</li> <li>No significant difference in 28-day mortality between the 2 arms; 421 patients (26.8%) in HCQ arm and 790 patients (27.0%) in SOC arm had died by Day 28 (rate ratio 1.09; 95% CI, 0.97–1.23; P = 0.15).</li> <li>A similar 28-day mortality for HCQ patients was reported during the post hoc exploratory analysis that was restricted to the 4,266 participants (90.5%) who had a positive SARS-CoV-2 test result.</li> <li>Patients in HCQ arm were less likely to survive hospitalization and had a longer median time to discharge than patients in SOC arm.</li> <li>Patients who received HCQ and who were not on IMV at baseline had an increased risk of requiring intubation and an increased risk of death.</li> <li>At the beginning of the study, the researchers did not record whether a patient developed a major cardiac arrhythmia after study enrollment; however, these data were later collected for 735 patients (47.1%) in HCQ arm and 1,421 patients (45.0%) in SOC arm.</li> <li>No differences between the arms in the frequency of supraventricular tachycardia, ventricular tachycardia or fibrillation, or instances of AV block that required intervention; 1 case of Torsades de Pointes was</li> </ul>				
Hydroxychloroguine and	1 Hydroxychloroguine Plus Azithrom	reported in HCQ arm.  ycin for Mild or Moderate COVID-19 <sup>23</sup>				
Open-label, 3-arm RCT	Key Inclusion Criteria:	T	Key Limitations:			
in hospitalized adults (n = 667)	<ul> <li>Aged ≥18 years</li> <li>Clinically suspected or laboratory-confirmed SARS-CoV-2 infection</li> <li>Mild or moderate COVID-19</li> </ul>	<ul> <li>Number of Participants:</li> <li>mITT analysis included patients with laboratory-confirmed SARS-CoV-2 infection (n = 504).</li> <li>Participant Characteristics:</li> <li>Mean age was 50 years.</li> </ul>	<ul> <li>Not blinded</li> <li>Follow-up period was restricted to 15 days.</li> <li>Interpretation:</li> <li>Neither HCQ alone nor HCQ plus AZM</li> </ul>			
	• Duration of symptoms ≤14 days	• 58% of patients were men.	improved clinical outcomes at Day 15 after randomization among hospitalized patients			

Study Design	Methods	Results	Limitations and Interpretation			
Hydroxychloroquine and	ydroxychloroquine and Hydroxychloroquine Plus Azithromycin for Mild or Moderate COVID-19 <sup>23</sup> , continued					
	<ul> <li>Key Exclusion Criteria:         <ul> <li>Need for &gt;4 L of supplemental oxygen or ≥40% FiO₂ by face mask</li> <li>History of ventricular tachycardia</li> <li>QT interval ≥480 ms</li> </ul> </li> <li>Interventions:         <ul> <li>HCQ 400 mg twice daily for 7 days plus SOC</li> </ul> </li> <li>HCQ 400 mg twice daily plus AZM 500 mg daily for 7 days plus SOC</li> <li>SOC alone</li> <li>Primary Endpoint:</li> <li>Clinical status at Day 15, as measured by a 7-point ordinal scale among the patients with confirmed SARS-CoV-2 infection</li> </ul>	<ul> <li>At baseline, 58.2% of patients were Ordinal Level 3; 41.8% were Ordinal Level 4.</li> <li>Median time from symptom onset to randomization was 7 days.</li> <li>23.3% to 23.9% of patients received oseltamivir.</li> <li>Outcomes:</li> <li>No significant difference in the odds of worse clinical status at Day 15 between patients in HCQ arm (OR 1.21; 95% CI, 0.69–2.11; P = 1.00) and patients in HCQ plus AZM arm (OR 0.99; 95% CI, 0.57–1.73; P = 1.00)</li> <li>No significant differences in secondary outcomes of the 3 arms, including progression to mechanical ventilation during the first 15 days and mean number of days "alive and free of respiratory support"</li> <li>A greater proportion of patients in HCQ plus AZM arm (39.3%) and HCQ arm (33.7%) experienced AEs than those in SOC arm (22.6%).</li> </ul>	with mild or moderate COVID-19.			
	Ordinal Scale Definitions:  1. Not hospitalized, no limitations 2. Not hospitalized, with limitations 3. Hospitalized, not on oxygen 4. Hospitalized, on oxygen 5. Hospitalized, oxygen administered by HFNC or noninvasive ventilation 6. Hospitalized, on mechanical ventilation 7. Death	QT prolongation was more common in patients who received HCQ plus AZM or HCQ alone than in patients who received SOC alone, but fewer patients in SOC arm had serial electrocardiographic studies performed during the follow-up period.				

Study Design	Methods	Results	Limitations and Interpretation			
Hydroxychloroquine in	ydroxychloroquine in Nonhospitalized Adults With Early COVID-19 <sup>24</sup>					
Randomized, placebo- controlled trial in nonhospitalized adults (n = 491)	<ul> <li>Key Inclusion Criteria:</li> <li>Symptoms that were compatible with COVID-19 and lasted ≤4 days</li> <li>Either laboratory-confirmed SARS-CoV-2 infection or highrisk exposure within the previous 14 days</li> </ul>	<ul> <li>Number of Participants:</li> <li>Contributed to primary endpoint data: HCQ (n = 212) and placebo (n = 211)</li> <li>Participant Characteristics:</li> <li>241 patients were exposed to people with COVID-19 through their position as health care workers (57%), 106 were exposed through household contacts (25%), and 76</li> </ul>	<ul> <li>Key Limitations:</li> <li>This study enrolled a highly heterogeneous population.</li> <li>Only 227 of 423 participants (53.7%) were confirmed PCR-positive for SARS-CoV-2.</li> <li>Changing the primary endpoint</li> </ul>			
	Key Exclusion Criteria:  Aged <18 years  Hospitalized  Receipt of certain medications Interventions:  HCQ 800 mg once, then HCQ 600 mg in 6–8 hours, then HCQ 600 mg once daily for 4 days  Placebo Primary Endpoints:  Planned primary endpoint was ordinal outcome by Day 14 in 4 categories: not hospitalized, hospitalized, ICU stay, or death.  Because event rates were lower than expected, a new primary endpoint was defined: change in overall symptom severity over 14 days, measured by a 10-point, self-reported, visual analogue scale	<ul> <li>had other types of exposure (18%).</li> <li>Median age was 40 years.</li> <li>56% of patients were women.</li> <li>Only 3% of patients were Black.</li> <li>Very few patients had comorbidities: 11% had hypertension, 4% had diabetes, and 68% had no chronic medical conditions.</li> <li>56% of patients were enrolled on Day 1 of symptom onset.</li> <li>341 participants (81%) had either a positive PCR result or a high-risk exposure to a PCR-positive contact.</li> <li>Outcomes:</li> <li>Compared to the placebo recipients, HCQ recipients had a nonsignificant 12% difference in improvement in symptoms between baseline and Day 14 (-2.60 vs2.33 points; P = 0.117).</li> <li>Ongoing symptoms were reported by 24% of those in HCQ arm and 30% of those in the placebo arm at Day 14 (P = 0.21).</li> <li>No difference in the incidence of hospitalization between the arms (4 patients in the HCQ arm vs. 10 patients in placebo arm); 2 of 10 placebo participants were hospitalized for reasons that were unrelated to COVID-19</li> <li>A higher percentage of patients in HCQ arm experienced AEs than patients in placebo arm (43% vs. 22%; P &lt; 0.001).</li> </ul>	without a new power calculation makes it difficult to assess whether the study is powered to detect differences in outcomes between the study arms.  This study used surveys for screening, symptom assessment, and adherence reporting.  Visual analogue scales are not commonly used, and their ability to assess acute viral respiratory infections in clinical trials has not been validated.  Interpretation:  The study has some limitations, and it did not find evidence that early administration of HCQ reduced symptom severity in patients with mild COVID-19.			

Study Design	Methods	Results	Limitations and Interpretation		
Hydroxychloroquine in	lydroxychloroquine in Nonhospitalized Adults With Mild COVID-19 <sup>25</sup>				
Open-label RCT in nonhospitalized adults (n = 353)	Key Inclusion Criteria:  Laboratory-confirmed SARS-CoV-2 infection  <5 days of mild COVID-19 symptoms  Key Exclusion Criteria:  Moderate to severe COVID-19  Severe liver or renal disease  History of cardiac arrhythmia  QT prolongation	<ul> <li>Number of Participants:</li> <li>ITT analysis: HCQ (n = 136) and control (n = 157)</li> <li>60 patients were excluded from the ITT analysis due to negative baseline RT-PCR, missing RT-PCR at follow-up visits, or consent withdrawal.</li> <li>Participant Characteristics:</li> <li>Mean age was 41.6 years.</li> <li>67% of patients were woman.</li> <li>Majority of patients were health care workers (87%).</li> <li>53% of patients reported chronic health conditions.</li> </ul>	<ul> <li>Key Limitations:</li> <li>Open-label, non-placebocontrolled trial</li> <li>Study design allowed for the possibility of dropouts in control arm and over-reporting of AEs in HCQ arm.</li> <li>The intervention changed during the study; the authors initially planned to include HCQ plus DRV/COBI.</li> <li>The majority of the participants</li> </ul>		
	Interventions:  HCQ 800 mg on Day 1, then HCQ 400 mg once daily for 6 days  No antiviral treatment (control arm)  Primary Endpoint:  Reduction in SARS-CoV-2 viral load, assessed using NP swabs on Days 3 and 7  Secondary Endpoints:  Disease progression up to Day 28  Time to complete resolution of	<ul> <li>Median time from symptom onset to enrollment was 3 days (IQR 2–4 days).</li> <li>Most common COVID-19 symptoms were fever, cough, and sudden olfactory loss.</li> <li>Outcomes:</li> <li>No significant difference in viral load reduction between control arm and HCQ arm at Day 3</li> <li>(-1.41 vs1.41 log<sub>10</sub> copies/mL; difference of 0.01; 95% CI, -0.28 to 0.29), or at Day 7 (-3.37 vs3.44 log10 copies/mL; difference of -0.07; 95% CI, -0.44 to 0.29).</li> <li>No difference in the risk of hospitalization between control arm and HCQ arm (7.1% vs. 5.9%; risk ratio 0.75; 95% CI, 0.32–1.77)</li> </ul>	were relatively young health care workers.  Interpretation:  • Early administration of HCQ to patients with mild COVID-19 did not result in improvement in virologic clearance, a lower risk of disease progression, or a reduced time to symptom improvement.		
	symptoms	<ul> <li>No difference in the median time from randomization to the resolution of COVID-19 symptoms between the 2 arms (12.0 days in control arm vs. 10.0 days in HCQ arm; P = 0.38)</li> <li>A higher percentage of participants in the HCQ arm than in the control arm experienced AEs during the 28-day follow-up period (72% vs. 9%). Most common AEs were GI disorders and "nervous system disorders."</li> <li>SAEs were reported in 12 patients in control arm and 8 patients in HCQ arm. SAEs that occurred among patients in HCQ arm were not deemed to be related to the drug.</li> </ul>			

Study Design	Methods	Results	Limitations and Interpretation			
Observational Study on	Observational Study on Hydroxychloroquine With or Without Azithromycin <sup>26</sup>					
Retrospective, multicenter, observational study in a random sample of hospitalized adults with COVID-19 from the New York Department of Health (n = 1,438)	Key Inclusion Criteria:  • Laboratory-confirmed SARS-CoV-2 infection Interventions:  • HCQ plus AZM  • HCQ alone  • AZM alone  • Neither drug Primary Endpoint:  • In-hospital mortality Secondary Endpoint:  • Cardiac arrest and arrhythmia or	<ul> <li>Number of Participants:</li> <li>HCQ plus AZM (n = 735), HCQ alone (n = 271), AZM alone (n = 211), and neither drug (n = 221)</li> <li>Participant Characteristics:</li> <li>Patients in the treatment arms had more severe disease at baseline than those who received neither drug.</li> <li>Outcomes:</li> <li>In adjusted analyses, patients who received 1 of the 3 treatment regimens did not show a decreased inhospital mortality rate when compared with those who received neither drug.</li> <li>Patients who received HCQ plus AZM had a greater risk of cardiac arrest than patients who received neither drug (OR 2.13; 95% CI, 1.12–4.05).</li> </ul>	Key Limitations:     This study has the inherent limitations of an observational study, including residual confounding from confounding variables that were unrecognized and/or unavailable for analysis.      Interpretation:     Despite the limitations discussed above, these findings suggest that although HCQ and AZM are not associated with an increased risk of in-hospital death, the combination of HCQ and AZM may be associated with an increased risk of cardiac arrest.			
Observational Study of H	QT prolongation on an ECG <mark>lydroxychloroquine Versus No Hydro</mark>	xychloroquine in New York City <sup>27</sup>				
Observational study in hospitalized adults with COVID-19 at a large medical center (n =	Key Inclusion Criteria:     Laboratory-confirmed SARS-CoV-2 infection	Number of Participants:  • Received HCQ (n = 811) and did not receive HCQ (n = 565)	Key Limitations:     This study has the inherent limitations of an observational study, including residual confounding from			
1,376)	Key Exclusion Criteria:     Intubation, death, or transfer to another facility within 24 hours of arriving at the emergency department	Participant Characteristics:	confounding variables that were unrecognized and/or unavailable for analysis.  Interpretation:			
	Interventions:  • HCQ 600 mg twice daily on Day 1, then HCQ 400 mg once daily for 4 days  • No HCQ  Primary Endpoint:  • Time from study baseline (24 hours after patients arrived at the ED) to intubation or death	<ul> <li>Using propensity scores to adjust for major predictors of respiratory failure and inverse probability weighting, the study demonstrated that HCQ use was not associated with intubation or death (HR 1.04; 95% CI, 0.82–1.32).</li> <li>No association between concomitant use of AZM and the composite endpoint of intubation or death (HR 1.03; 95% CI, 0.81–1.31)</li> </ul>	The use of HCQ for treatment of COVID-19 was not associated with harm or benefit in a large observational study.			

**Key:** AE = adverse event; AV = atrioventricular; AZM = azithromycin; CPR = cardiopulmonary resuscitation; CQ = chloroquine; DRV/COBI = darunavir/cobicistat; ECG = electrocardiogram; ECMO = extracorporeal membrane oxygenation; ED = emergency department, FiO<sub>2</sub> = fraction of inspired oxygen; GI = gastrointestinal; HCQ = hydroxychloroquine; HFNC = high-flow nasal cannula; ICU = intensive care unit; IFN = interferon; IMV = invasive mechanical ventilation; ITT = intention-to-treat; LPV/ RTV = lopinavir/ritonavir; mITT = modified intention-to-treat; NP = nasopharyngeal; the Panel = the COVID-19 Treatment Guidelines Panel; PCR = polymerase chain reaction; PO = orally; RCT = randomized controlled trial; RDV = remdesivir; RT-PCR = reverse transcription polymerase chain reaction; SAE = serious adverse event; SOC = standard of care

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## **Ivermectin**

Last Updated: February 11, 2021

Ivermectin is a Food and Drug Administration (FDA)-approved antiparasitic drug that is used to treat several neglected tropical diseases, including onchocerciasis, helminthiases, and scabies. It is also being evaluated for its potential to reduce the rate of malaria transmission by killing mosquitoes that feed on treated humans and livestock. For these indications, ivermectin has been widely used and is generally well tolerated. It is not approved by the FDA for the treatment of any viral infection.

### Proposed Mechanism of Action and Rationale for Use in Patients With COVID-19

Reports from in vitro studies suggest that ivermectin acts by inhibiting the host importin alpha/beta-1 nuclear transport proteins, which are part of a key intracellular transport process that viruses hijack to enhance infection by suppressing the host's antiviral response.<sup>4,5</sup> In addition, ivermectin docking may interfere with the attachment of the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) spike protein to the human cell membrane.<sup>6</sup> Ivermectin is thought to be a host-directed agent, which may be the basis for its broad-spectrum activity in vitro against the viruses that cause dengue, Zika, HIV, and yellow fever.<sup>4,7-9</sup> Despite this in vitro activity, no clinical trials have reported a clinical benefit for ivermectin in patients with these viruses. Some studies of ivermectin have also reported potential anti-inflammatory properties, which have been postulated to be beneficial in people with COVID-19.<sup>10-12</sup>

Some observational cohorts and clinical trials have evaluated the use of ivermectin for the prevention and treatment of COVID-19. Data from some of these studies can be found in Table 2c.

#### Recommendation

• There are insufficient data for the COVID-19 Treatment Guidelines Panel (the Panel) to recommend either for or against the use of ivermectin for the treatment of COVID-19. Results from adequately powered, well-designed, and well-conducted clinical trials are needed to provide more specific, evidence-based guidance on the role of ivermectin in the treatment of COVID-19.

#### Rationale

Ivermectin has been shown to inhibit the replication of SARS-CoV-2 in cell cultures. However, pharmacokinetic and pharmacodynamic studies suggest that achieving the plasma concentrations necessary for the antiviral efficacy detected in vitro would require administration of doses up to 100-fold higher than those approved for use in humans. Even though ivermectin appears to accumulate in the lung tissue, predicted systemic plasma and lung tissue concentrations are much lower than 2  $\mu$ M, the half-maximal inhibitory concentration (IC<sub>50</sub>) against SARS-CoV-2 in vitro. Subcutaneous administration of ivermectin 400  $\mu$ g/kg had no effect on SARS-CoV-2 viral loads in hamsters. However, there was a reduction in olfactory deficit (measured using a food-finding test) and a reduction in the interleukin (IL)-6:IL-10 ratio in lung tissues.

Since the last revision of this section of the Guidelines, the results of several randomized trials and retrospective cohort studies of ivermectin use in patients with COVID-19 have been published in peer-reviewed journals or have been made available as manuscripts ahead of peer review. Some clinical studies showed no benefits or worsening of disease after ivermectin use, 21-24 whereas others reported shorter time to resolution of disease manifestations that were attributed to COVID-19, 25-28 greater reduction in inflammatory marker levels, 26,27 shorter time to viral clearance, 21,26 or lower mortality rates in patients who received ivermectin than in patients who received comparator drugs or placebo. 21,26,28

However, most of these studies had incomplete information and significant methodological limitations, which make it difficult to exclude common causes of bias. These limitations include:

- The sample size of most of the trials was small.
- Various doses and schedules of ivermectin were used.
- Some of the randomized controlled trials were open-label studies in which neither the participants nor the investigators were blinded to the treatment arms.
- Patients received various concomitant medications (e.g., doxycycline, hydroxychloroquine, azithromycin, zinc, corticosteroids) in addition to ivermectin or the comparator drug. This confounded the assessment of the efficacy or safety of ivermectin.
- The severity of COVID-19 in the study participants was not always well described.
- The study outcome measures were not always clearly defined.

<u>Table 2c</u> includes summaries of key studies. Because most of these studies have significant limitations, the Panel cannot draw definitive conclusions on the clinical efficacy of ivermectin for the treatment of COVID-19. Results from adequately powered, well-designed, and well-conducted clinical trials are needed to provide further guidance on the role of ivermectin in the treatment of COVID-19.

#### Monitoring, Adverse Effects, and Drug-Drug Interactions

- Ivermectin is generally well tolerated. Adverse effects may include dizziness, pruritis, nausea, or diarrhea.
- Neurological adverse effects have been reported with the use of ivermectin for the treatment of
  onchocerciasis and other parasitic diseases, but it is not clear whether these adverse effects were
  caused by ivermectin or the underlying conditions.<sup>29</sup>
- Ivermectin is a minor cytochrome P 3A4 substrate and a p-glycoprotein substrate.
- Ivermectin is generally given on an empty stomach with water; however, administering ivermectin with food increases its bioavailability.
- The FDA <u>issued a warning</u> in April 2020 that ivermectin intended for use in animals **should not be used** to treat COVID-19 in humans.
- Please see Table 2c for additional information.

## Considerations in Pregnancy

In animal studies, ivermectin was shown to be teratogenic when given in doses that were maternotoxic. These results raise concerns about administering ivermectin to people who are in the early stages of pregnancy (prior to 10 weeks gestation).<sup>30</sup> A 2020 systematic review and meta-analysis reviewed the incidence of poor maternal and fetal outcomes after ivermectin was used for its antiparasitic properties during pregnancy. However, the study was unable to establish a causal relationship between ivermectin use and poor maternal or fetal outcomes due to the quality of evidence. There are numerous reports of inadvertent ivermectin use in early pregnancy without apparent adverse effects.<sup>31-33</sup> Therefore, there is insufficient evidence to establish the safety of using ivermectin in pregnant people, especially those in the later stages of pregnancy.

One study reported that the ivermectin concentrations secreted in breastmilk after a single oral dose were relatively low. No studies have evaluated the ivermectin concentrations in breastmilk in patients who received multiple doses.

#### Considerations in Children

Ivermectin is used in children weighing >15 kg for the treatment of helminthic infections, pediculosis, and scabies. The safety of using ivermectin in children weighing <15 kg has not been well established. Ivermectin is generally well tolerated in children, with a side effect profile similar to the one seen in adults. Currently, there are no available pediatric data from clinical trials to inform the use of ivermectin for the treatment or prevention of COVID-19 in children.

#### **Clinical Trials**

Several clinical trials that are evaluating the use of ivermectin for the treatment of COVID-19 are currently underway or in development. Please see *ClinicalTrials.gov* for the latest information.

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## Table 2c. Ivermectin: Selected Clinical Data

Last Updated: July 8, 2021

The Panel has reviewed other clinical studies of IVM for the treatment of COVID-19.<sup>1-16</sup> However, those studies have limitations that make them less definitive and informative than the studies discussed here. The studies summarized below are those that have had the greatest impact on the Panel's recommendations.

Study Design	Methods	Results	Limitations and Interpretation			
Ivermectin Versus Pl	Ivermectin Versus Placebo for Treatment of Mild COVID-19 <sup>17</sup>					
Randomized,	Key Inclusion Criteria:	Number of Participants:	Key Limitations:			
double-blind, placebo-controlled	Positive SARS-CoV-2 PCR	• IVM (n = 200) and placebo (n = 198) in primary analysis	Relatively small sample size			
trial in Cali,	result or positive antigen test result	Participant Characteristics:	Primary endpoint was			
Colombia (n = 476)	• Symptoms began ≤7 days prior to randomization	• Median age was 37 years; 4% of patients in IVM arm and 8% in placebo arm were aged ≥65 years.	modified during the trial due to lower than expected event rates.			
	Mild disease (defined as receiving outpatient or	<ul> <li>39% of patients in IVM arm and 45% in placebo arm were male.</li> <li>79% of patients had no known comorbidities; median BMI in both arms</li> </ul>	The first 65 patients received a placebo that smelled and			
	inpatient care, but not	was 26.	tasted different from IVM.			
	receiving HFNC oxygen or mechanical ventilation)	• Median time from symptom onset to randomization was 5 days (IQR 4–6 days).	• The study enrolled a younger, healthier demographic than			
	Key Exclusion Criteria:	• 62% of patients in IVM arm and 55% in placebo arm were not hospitalized	those who typically experience more serious cases of			
	Asymptomatic disease	and had no limitations of activities at baseline (ordinal scale 1); 38% and 44% were not hospitalized but had some limitations on activities, or they	COVID-19.			
	Severe pneumonia	were receiving oxygen at home, or both (ordinal scale 2).	Study included 4 hospitalized			
	• Receipt of IVM within previous 5 days	• 1% of patients in both arms were hospitalized at baseline.	patients (out of 398).			
	Hepatic dysfunction/abnormal	Primary Outcomes:	The IVM dose used in this study was higher than			
	liver function tests	• No difference in time to resolution of symptoms (median 10 days in IVM arm vs. 12 days in placebo arm; HR 1.07; 95% CI, 0.87–1.32; $P = 0.53$ )	the dose that is usually			
	Interventions:	• Symptoms resolved in 82% of patients in IVM arm and 79% in placebo	administered (IVM 200 μg/kg per day).			
	<ul> <li>Oral IVM 300 µg/kg per day in solution for 5 days, taken primarily on an empty stomach</li> <li>Placebo</li> <li>Primary Endpoints:</li> </ul>	arm by Day 21.	Interpretation:			
		Other Outcomes:  • No significant difference between arms in proportion of patients who showed clinical deterioration of ≥2 points on the ordinal scale (3.5% in IVM arm vs. 2.0% in placebo arm; absolute difference -1.5%; 95% CI,	• A 5-day course of IVM did not			
			improve time to resolution of			
			symptoms in patients with mild COVID-19.			
	Time from randomization to resolution of symptoms within	-4.8% to 1.7%)				

Study Design	Methods	Results	Limitations and Interpretation
lvermectin Versus Pl	acebo for Treatment of Mild COVID-19 <sup>17</sup> ,	continued	
	the 21-day follow-up period. Resolution of symptoms was defined as the first day a patient reported a score of 0 (no clinical evidence of infection) on an 8-point ordinal scale.	<ul> <li>No significant difference between arms in the odds of improvement in ordinal scale score and the proportion of patients who sought medical care or required escalation in care.</li> <li>8% of patients in IVM arm and 3% in placebo arm discontinued treatment due to an AE. None of the reported SAEs were considered to be related to study interventions.</li> </ul>	
Ivermectin Versus Iv	ermectin Plus Doxycycline Versus Placeb	oo for Treatment of COVID-19 <sup>18</sup>	
Randomized,	Key Inclusion Criteria:	Number of Participants:	Key Limitations:
double-blind, placebo-controlled trial of hospitalized adults in Dhaka, Bangladesh (n = 72)	<ul> <li>Aged 18–65 years</li> <li>Laboratory-confirmed SARS-CoV-2 infection with fever, cough, or sore throat</li> <li>Admitted to hospital within previous 7 days</li> <li>Key Exclusion Criteria:</li> <li>Chronic cardiac, renal, or liver disease Interventions:</li> </ul>	<ul> <li>IVM (n = 24; 2 withdrew), IVM plus DOX (n = 24; 1 withdrew), and placebo (n = 24; 1 withdrew)</li> <li>Participant Characteristics:</li> <li>Mean age was 42 years.</li> <li>54% of patients were female.</li> <li>Mean time from symptom onset to assessment was 3.83 days.</li> <li>No patients required supplemental oxygen.</li> </ul>	<ul> <li>Small sample size</li> <li>Unclear whether both IVM and DOX placebos were used.</li> <li>Excluded patients with chronic diseases.</li> <li>Disease appears to have been mild in all patients; thus, the reason for hospitalization is unclear.</li> </ul>
	<ul> <li>IVM 12 mg PO once daily for 5 days</li> <li>Single dose of IVM 12 mg PO plus DOX 200 mg PO on Day 1, then DOX 100 mg every 12 hours for 4 days</li> <li>Placebo</li> <li>Primary Endpoints:</li> <li>Time to virologic clearance, measured by obtaining an NP swab for SARS-CoV-2 PCR on Days 3, 7, and 14, then weekly until PCR result was negative</li> <li>Resolution of fever and cough within 7 days</li> </ul>	<ul> <li>Primary Outcomes:</li> <li>Shorter mean time to virologic clearance with IVM than placebo (9.7 days vs. 12.7 days; P = 0.02), but not with IVM plus DOX (11.5 days; P = 0.27).</li> <li>Rates of virologic clearance were greater in IVM arm at Day 7 (HR 4.1; 95% CI, 1.1–14.7; P = 0.03) and at Day 14 (HR 2.7; 95% CI, 1.2–6.0; P = 0.02) compared to placebo, but not in the IVM plus DOX arm (HR 2.3; 95% CI, 0.6–9.0; P = 0.22 and HR 1.7; 95% CI, 0.8–4.0; P = 0.19).</li> <li>No statistically significant difference in time to resolution of fever, cough, or sore throat between IVM and placebo arms (P = 0.35, P = 0.18, and P = 0.35, respectively) or IVM plus DOX and placebo arms (P = 0.09, P = 0.23, and P = 0.09, respectively).</li> </ul>	<ul> <li>Absolute changes in inflammatory markers were not presented, but were reportedly significant.</li> <li>PCR results are not a validated surrogate marker for clinical efficacy.</li> <li>Interpretation:</li> <li>A 5-day course of IVM resulted in faster virologic clearance than placebo, but not a faster time to resolution of symptoms (fever, cough, and sore throat).</li> </ul>

Study Design	Methods	Results	Limitations and Interpretation	
Ivermectin Versus Ivermectin Plus Doxycycline Versus Placebo for Treatment of COVID-1918, continued				
		<ul> <li>Other Outcomes:</li> <li>Mean values of CRP, LDH, procalcitonin, and ferritin declined in all arms from baseline to Day 7, but there were no between-arm comparisons of the changes.</li> <li>No between-arm differences in duration of hospitalization (P = 0.93).</li> <li>No SAEs recorded.</li> </ul>	Because time to virologic clearance is not a validated surrogate marker for clinical efficacy, the clinical efficacy of IVM is unknown.	
<b>Effectiveness and Sa</b>	fety of Adding Ivermectin to Treatment	in Patients With Severe COVID-19 <sup>19</sup>		
Randomized,	Key Inclusion Criteria:	Number of Participants:	Key Limitations:	
single-blind trial of hospitalized adults in Turkey (n = 66)	<ul> <li>Hospitalized with PCR-confirmed SARS-CoV-2 infection</li> <li>≥1 of the following severity criteria:</li> <li>Tachypnea (≥30 breaths/min), SpO<sub>2</sub> &lt;90% on RA, or PaO<sub>2</sub>/FiO<sub>2</sub> &lt;300 mm Hg in patients who were receiving oxygen</li> <li>Presence of "specific" radiologic findings</li> <li>Mechanical ventilation</li> <li>Acute organ dysfunction</li> <li>Key Exclusion Criteria:</li> <li>Aged &lt;18 years</li> <li>Pregnant or breast feeding</li> <li>Autoimmune disease</li> <li>Chronic liver or kidney disease</li> <li>Immunosuppression</li> <li>SNP mutation in MDR1/ABCB1 gene and/or haplotypes and mutations of the CYP3A4 gene (affects IVM metabolism and</li> </ul>	<ul> <li>IVM (n = 36) and SOC (n = 30)</li> <li>6 participants in IVM arm were excluded after genotyping.</li> <li>Participant Characteristics:</li> <li>Mean age was 58 years in IVM arm and 66 years in SOC arm.</li> <li>70% of patients were male in IVM arm and 63% were male in SOC arm.</li> <li>Comorbidities (IVM vs. SOC): DM (30% vs. 33%), HTN (50% vs. 40%), CAD (17% vs. 27%)</li> <li>Primary Outcome:</li> <li>Clinical improvement at Day 5: 14 of 30 patients (46.7%) in IVM arm, 11 of 30 (36.7%) in SOC arm (P = 0.43)</li> <li>Secondary Outcomes</li> <li>Between-Arm Comparisons at Day 10:</li> <li>Clinical improvement: 73.3% in IVM arm, 53.3% in SOC arm (P = 0.10)</li> <li>IVM vs. SOC arm SOFA score at Day 10: P = 0.50</li> <li>Mean SpO<sub>2</sub>: 95.4% in IVM arm, 93.0% in SOC arm (P = 0.032)</li> <li>Mean PaO<sub>2</sub>/FiO<sub>2</sub>: 236.3 mm Hg in IVM arm, 220.8 mm Hg in SOC arm (P = 0.39)</li> <li>Serum CRP, ferritin, and D-dimer levels were lower in IVM</li> </ul>	<ul> <li>Small sample size</li> <li>Time from symptom onset to intervention was not reported.</li> <li>Study used nonstandard severity classification for COVID-19.</li> <li>Primary endpoint was difficult to characterize; it was presented in the Methods section as a composite endpoint, but each component was analyzed separately.</li> <li>Power analysis performed for virologic endpoint, not primary endpoint.</li> <li>Only 57% of patients in IVM arm and 27% in SOC arm were evaluated for VL changes.</li> <li>Interpretation:</li> <li>A 5-day course of IVM in hospitalized patients with severe COVID-19 did not result in clinical improvement at the end</li> </ul>	

Study Design	Methods	Results	<b>Limitations and Interpretation</b>
Effectiveness and Sa	fety of Adding Ivermectin to Treatment	in Patients With Severe COVID-1919, continued	
	Interventions:  • IVM 200 µg/kg per day for 5 days plus SOC (HCQ plus favipiravir plus AZM)  • SOC alone	<ul> <li>Within-Group Changes from Baseline:</li> <li>Change in SOFA score to Day 10: P = 0.009 in IVM arm, P = 0.88 in SOC arm</li> <li>Mean changes in SpO<sub>2</sub> to Day 5: 89.9% to 93.5% (P = 0.005) in IVM arm, 89.7% to 93.0% (P = 0.003) in SOC arm</li> </ul>	<ul> <li>Faster improvement of oxygenation and more pronounced reduction in inflammatory markers were observed in IVM arm.</li> </ul>
	<ul> <li>Primary Endpoint:         <ul> <li>"Clinical response" at Day 5: extubation (in mechanically ventilated patients), respiratory rate &lt;26 breaths/min, SpO<sub>2</sub> &gt;90% on RA, PaO<sub>2</sub>/FiO<sub>2</sub> &gt;300 mm Hg (if patient was receiving oxygen), presence of ≥2 of the 2-point reduction criteria in SOFA</li> </ul> </li> <li>Key Secondary Endpoints:         <ul> <li>Clinical response at Day 10: respiratory rate 22 to 24 breaths/min, SpO<sub>2</sub> &gt;95% on RA, absence of oxygen requirement, and no need for intensive care</li> <li>Changes in SpO<sub>2</sub>, PaO<sub>2</sub>/FiO<sub>2</sub>, and levels of CRP, ferritin, and D-dimer</li> <li>Mortality</li> </ul> </li> </ul>	<ul> <li>Mortality During Follow-Up Period:</li> <li>6 patients (20%) in IVM arm and 9 (30%) in SOC arm (P = 0.37).</li> <li>Average length of follow-up was 3 months.</li> </ul>	
Chloroquine, Hydrox	ychloroquine, or Ivermectin in Patients	With Severe COVID-19 <sup>20</sup>	
Randomized, double-blind, Phase 2 trial of hospitalized adults in Brazil (n = 168)	Key Inclusion Criteria:  • Hospitalized with laboratory- confirmed SARS-CoV-2 infection (PCR or IgM positive)  • ≥1 of the following severity criteria: • Dyspnea  • Tachypnea (>30 breaths/min)  • SpO <sub>2</sub> <93%	Number of Participants:  • CQ (n = 61), HCQ (n = 54), and IVM (n = 53)  Participant Characteristics:  • Mean age was 53.4±15.6 years.  • 58.2% of patients were male.  • 78.9% of patients were Hispanic.  • 37.5% of patients had a BMI >30.  • Most common comorbidities were HTN (43.4% of patients) and	<ul> <li>Key Limitations:</li> <li>Small sample size</li> <li>No placebo control</li> <li>No clear primary endpoint</li> <li>Interpretation:</li> <li>Use of IVM did not reduce risk of oxygen requirement, ICU admission, invasive mechanical</li> </ul>

Study Design	Methods	Results	Limitations and Interpretation
Chloroquine, Hydrox	ychloroquine, or Ivermectin in Patients Wi	ith Severe COVID-19 <sup>20</sup> , continued	
	• Involvement of >50% of lungs on CXR or CT	• On admission, 76.5% of patients had respiratory failure, and 42.5% had "pneumonic syndrome."	hospitalized patients with severe COVID-19.
	Key Exclusion Criteria:	Outcomes:	
	• Aged <18 years old	No differences between arms in proportion of patients who	
	Cardiac arrhythmia, including prolonged QT interval	required supplemental oxygen (88.5% in CQ arm, 90.2% in HCQ arm, and 88.4% in IVM arm) or mean number of days	
	• Previous use of CQ, HCQ, or IVM for >24 hours	of supplemental oxygenation (7.9 vs. 7.8 vs. 8.1 days)  • No differences between arms in proportion of patients	
	Interventions:	admitted to the ICU (22.4% in CQ arm, 21.1% in HCQ arm, and 28.0% in IVM arm) or proportion of patients who	
	• CQ 450 mg twice daily on Day 0, then CQ 450 mg once daily for 4 days	received invasive mechanical ventilation (20.6% vs. 21.1% vs. 23.5%)	
	• HCQ 400 mg twice daily on Day 0, then HCQ 400 mg once daily for 4 days	No differences between arms in proportion of patients who were receiving concomitant medications, including steroids	
	• IVM 14 mg once daily for 3 days	<ul> <li>and anticoagulants</li> <li>No differences between arms in death due to COVID-19</li> </ul>	
	followed by placebo for 2 days  Endpoints:	complications (21.3% in CQ arm, 22.2% in HCQ arm, and 23.0% in IVM arm)	
	<ul> <li>Need for supplemental oxygen, invasive mechanical ventilation, or ICU admission</li> <li>Mortality</li> </ul>	• Baseline characteristics that were associated with mortality included age >60 years (HR 2.44; 95% CI, 1.40–4.30), DM (HR 1.87; 95% CI, 1.02–2.59), BMI >33 (HR 1.95; 95% CI, 1.07–3.09), and SpO <sub>2</sub> <90% (HR 5.79; 95% CI, 2.63–12.7).	
		No difference in rates of AEs between arms	
Ivermectin Versus P	acebo for Outpatients With Mild COVID-19	21	
Open-label RCT of	Key Inclusion Criteria:	Number of Participants:	Key Limitations:
adult outpatients in Lahore, Pakistan (n	• SARS-CoV-2 PCR positive	• IVM (n = 25) and control (n = 25)	Small sample size
= 50)	Mild disease	Participant Characteristics:	Open-label study
/	Key Exclusion Criteria:	Mean age was 40.6 years.	Authors reported the proportions
	Severe symptoms likely related to	• 62% of patients were male.	of patients with certain symptoms and comorbidities
	cytokine storm	• 40% of patients had diabetes, 30% were smokers, 26% had	but did not provide objective
	Malignancy, chronic kidney disease, or cirrhosis	hypertension, 8% had cardiovascular disease, and 12% had obesity.	assessment of disease severity. This precludes the ability to
	Pregnancy		compare outcomes between arms.

Study Design	Methods	Results	Limitations and Interpretation		
Ivermectin Versus PI	vermectin Versus Placebo for Outpatients With Mild COVID-19 <sup>21</sup> , continued				
	<ul> <li>Interventions:</li> <li>IVM 12 mg PO immediately, followed by 12 mg doses at 12 and 24 hours, plus symptomatic treatment</li> <li>Symptomatic treatment</li> <li>Primary Endpoint:</li> <li>Symptoms reported on Day 7. Patients were stratified as asymptomatic or symptomatic.</li> </ul>	<ul> <li>Outcomes:</li> <li>Proportion of asymptomatic patients at Day 7 was similar in IVM and control arms (64% vs. 60%; P = 0.500).</li> <li>AEs were attributed to IVM in 8 patients (32%).</li> </ul>	<ul> <li>Study classified outcomes at Day 7 as "symptomatic" and "asymptomatic," but did not account for symptom worsening or improvement.</li> <li>Interpretation:</li> <li>IVM showed no effect on symptom resolution in patients with mild COVID-19.</li> </ul>		
Ivermectin in Patient	s With Mild to Moderate COVID-1922				
Open-label,	Key Inclusion Criteria:	Number of Participants:	Key Limitations:		
single-center, RCT of outpatients with laboratory- confirmed SARS- CoV-2 infection in Bangladesh (n = 62)	<ul> <li>Aged ≥18 years</li> <li>Laboratory-confirmed SARS-CoV-2 infection</li> <li>≤7 days of symptoms</li> <li>Mild or moderate disease</li> <li>Key Exclusion Criteria:</li> <li>Hypersensitivity to IVM</li> <li>Pregnancy or breastfeeding</li> <li>Use of HCQ or "other antimicrobials"</li> <li>Interventions:</li> <li>Single dose of IVM 200 μg/kg</li> <li>SOC</li> <li>Primary Endpoint:</li> <li>Full recovery from all symptoms</li> </ul>	<ul> <li>IVM (n = 32) and SOC (n = 30)</li> <li>Participant Characteristics:</li> <li>71% of patients were male.</li> <li>Mean age was 39.2 years (SD 12.1 years).</li> <li>81% of patients had mild disease and 19% had moderate disease.</li> <li>Study provided no information on comorbidities.</li> <li>Outcomes:</li> <li>Mean overall recovery time was 5.3 days (SD 2.5 days) in IVM arm and 6.3 days (SD 4.2 days) in SOC arm. The difference was not statistically significant. Time to resolution of fever, shortness of breath, and fatigue were no shorter in IVM arm.</li> <li>Negative SARS-CoV-2 PCR result at Day 10: 18 of 20 patients (90%) in IVM arm, 19 of 20 (95%) in SOC arm.</li> </ul>	<ul> <li>Open-label study</li> <li>Small study</li> <li>Study enrolled young patients with mild disease who were unlikely to progress to severe COVID-19.</li> <li>Interpretation:</li> <li>Compared to SOC, use of IVM did not lead to faster recovery from mild to moderate COVID-19.</li> <li>The small sample size and large number of comparisons make it difficult to assess the clinical efficacy of IVM in this population.</li> </ul>		
	Secondary Endpoint:  • Conversion to negative RT-PCR at Day 10				

Study Design	Methods	Results	Limitations and Interpretation
Ivermectin Plus Doxy	cycline Versus Hydroxychloroquine Pl	us Azithromycin for Asymptomatic Patients and Patients With Mile	to Moderate COVID-19 <sup>23</sup>
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Study Design	Methods	Results	Limitations and Interpretation			
Antiviral Effect of Hig	Antiviral Effect of High-Dose Ivermectin in Adults with COVID-19 <sup>24</sup>					
Multicenter, randomized, open- label, blinded trial of hospitalized adults with mild to moderate COVID-19 in Argentina (n = 45)	Key Inclusion Criteria:  • Laboratory-confirmed SARS-CoV-2 infection  • Hospitalized  • ≤5 days of symptoms  Key Exclusion Criteria:  • Use of immunomodulators or any	Number of Participants:  • IVM (n = 30) and SOC (n = 15)  • After excluding patients with poor sample quality, those without a detectable VL at baseline, and those who withdrew, 32 patients (20 IVM, 12 SOC) were included in the viral efficacy analysis population.  Participant Characteristics:	<ul> <li>Key Limitations:</li> <li>Small sample size</li> <li>No clinical response data reported.</li> <li>The C<sub>max</sub> level of 160 ng/mL used in the analysis appears to be arbitrary.</li> </ul>			
	agent with potential anti-SARS-CoV-2 activity prior to enrollment  • Poorly controlled comorbidities  Interventions:  • IVM 600 μg/kg once daily plus SOC for 5 days  • SOC  Primary Endpoint:  • VL reduction at Day 5. VL was quantified by NP swab at baseline, then at 24, 48, and 72 hours and Day 5.  PK Sampling:  • Performed 4 hours after dose on Days 1, 2, 3, 5, and 7 to assess elimination	<ul> <li>Mean age was 42.3±12.8 years in IVM arm and 38.1±11.7 years in SOC arm.</li> <li>50% of patients were male in IVM arm and 67% were male in SOC arm.</li> <li>Primary Outcomes:</li> <li>By Day 5, a similar magnitude of VL reduction was seen in both arms.</li> <li>Other Outcomes:</li> <li>Patients with higher IVM concentrations had greater reductions in VL (r 0.44; P &lt; 0.04).</li> <li>Treated patients were divided into 2 groups based on IVM Cmax: IVM &gt;160 ng/mL (median of 202 ng/mL) and &lt;160 ng/mL (median of 109 ng/mL).</li> <li>Median percentage of VL reduction by Cmax concentration vs. control (P = 0.0096) was 72% (IQR 59% to 77%) in &gt;160 ng/mL group (n = 9), 40% (IQR 21% to 46%) in &lt;160 ng/mL group (n = 11), and 42% (IQR 31% to 73%) in SOC arm.</li> <li>Median viral decay rate (P = 0.04) was 0.64 day<sup>-1</sup> in &gt;160 ng/mL group, 0.14 day<sup>-1</sup> in &lt;160 ng/mL group, and 0.13 day<sup>-1</sup> in SOC arm.</li> <li>Percentages of AEs were similar between the arms (43% in IVM arm, 33% in SOC arm), and AEs were mostly mild.</li> </ul>	<ul> <li>Interpretation:         <ul> <li>Concentration-dependent virologic response was seen when using a higher-than-usual dose of IVM (600 μg/kg vs. 200 or 400 μg/kg once daily), with minimal associated toxicities.</li> <li>The study results showed large interpatient variation of IVM C<sub>max</sub>. Larger sample sizes are needed to further assess the safety and efficacy of using higher doses of IVM to treat COVID-19.</li> </ul> </li> </ul>			

Study Design	Methods	Results	Limitations and Interpretation			
Effect of Early Treatm	Effect of Early Treatment With Ivermectin Versus Placebo on Viral Load, Symptoms, and Humoral Response in Patients With Mild COVID-19 <sup>25</sup>					
A single-center,	Key Inclusion Criteria:	Number of Participants:	Key Limitations:			
randomized, double- blind, placebo-	Laboratory-confirmed SARS-	• IVM (n = 12) and placebo (n = 12)	Small sample size			
controlled pilot trial	CoV-2 infection	Participant Characteristics:  • Mean age was 26 years (range 18–54 years).	PCR is not a validated surrogate			
in Spain (n = 24)	• ≤72 hours of symptoms		marker for clinical efficacy.			
	No risk factors for severe disease or COVID-19 pneumonia	• 50% of patients were male.	PCR cycle threshold values were higher for patients who received			
	Interventions:	• All patients had symptoms at baseline; 70% had headache, 66% had fever, 58% had malaise, and 25% had cough.	IVM than those who received placebo at some time points,			
	• Single dose of IVM 400 µg/kg • Nonmatching placebo tablet	Median onset of symptoms was 24 hours in IVM arm and 48 hours in placebo arm.	but these comparisons are not statistically significant.			
	administered by a nurse who did not participate in the patient's care	Outcomes:	Symptom results were not a     prespecified outcome and are			
	Primary Endpoint:	• At Day 7, 12 patients (100%) in both groups had a positive PCR (for gene N), and 11 of 12 who received IVM (92%) and 12 of				
	Positive SARS-CoV-2 PCR result from an NP swab at Day 7 post- treatment	12 who received placebo (100%) had a positive PCR (for gene E); $P = 1.0$ for both comparisons.	Interpretation:			
		• In a post hoc analysis, the authors reported fewer patient- days of cough and anosmia in the IVM-treated patients, but no differences in the patient-days for fever, general malaise, headache, and nasal congestion.	Patients who received IVM showed no difference in viral clearance compared to those who received placebo.			
			The small sample size and large number of comparisons make it difficult to assess the clinical efficacy of IVM in this population.			

Study Design	Methods	Results	Limitations and Interpretation
Ivermectin Plus Doxy	cycline Plus Standard Therapy Versus	Standard Therapy Alone in Patients With Mild to Moderate COVID	J-19 <sup>26</sup>
Randomized,	Key Inclusion Criteria:	Number of Participants:	Key Limitations:
randomized, unblinded, single-center study of patients with laboratory-confirmed SARS-CoV-2 infection in Baghdad, Iran (n = 140)  This is a preliminary report that has not yet been peer reviewed.	<ul> <li>Diagnosis by clinical, radiological, and PCR testing</li> <li>Outpatients had mild or moderate COVID-19, while inpatients had severe and critical COVID-19.</li> <li>Interventions:</li> <li>IVM 200 µg/kg PO daily for 2 days. If patient required more time to recover, a third dose was given 7 days after the first dose, plus DOX 100 mg twice daily for 5–10 days plus standard therapy (based on clinical condition).</li> <li>Standard therapy was based on clinical condition and included AZM, acetaminophen, vitamin C, zinc, vitamin D3, dexamethasone 6 mg daily or methylprednisolone 40 mg twice daily if needed, and oxygen or mechanical ventilation if needed.</li> <li>All critically ill patients were assigned to receive IVM plus DOX.</li> </ul>	<ul> <li>Number of Participants:</li> <li>IVM plus DOX plus standard therapy (n = 70) and standard therapy alone (n = 70)</li> <li>Participant Characteristics:</li> <li>Median age was 50 years in IVM arm and 47 years in standard therapy arm.</li> <li>50% of patients were male in IVM arm and 53% were male in standard therapy arm.</li> <li>In IVM arm, 48 patients had mild or moderate COVID-19, 11 had severe COVID-19, and 11 had critical COVID-19.</li> <li>In standard therapy arm, 48 patients had mild or moderate COVID-19, 22 had severe COVID-19, and no patients had critical COVID-19.</li> <li>Outcomes:</li> <li>Mean recovery time in IVM arm was 10.1 days (SD 5.3 days) vs. 17.9 days (SD 6.8 days) for standard therapy arm (P &lt; 0.0001). This result was only significant for those with mild to moderate disease.</li> <li>Disease progression occurred in 3 of 70 patients (4.3%) in IVM arm and 7 of 70 (10.0%) in standard therapy arm (P = 0.19)</li> <li>2 of 70 patients (2.85%) in IVM arm and 6 of 70 (8.57%) in standard therapy arm died (P = 0.14)</li> </ul>	<ul> <li>Not blinded</li> <li>Patient deaths prevent an accurate comparison of mean recovery time between arms in this study, and the authors did not account for competing mortality risks.</li> <li>Relies heavily on post hoc subgroup comparisons.</li> <li>Substantial imbalance in disease severity at baseline</li> <li>Authors noted that critical patients were not assigned to standard therapy arm; thus, the arms were not truly randomized.</li> <li>Unclear how many patients required corticosteroids.</li> <li>Interpretation:</li> <li>IVM may shorten the time to recovery for patients with mild or moderate disease, but the lack of control for competing mortality causes in the study limits the ability to interpret the results.</li> </ul>

Study Design	Methods	Results	Limitations and Interpretation		
Efficacy and Safety of	fficacy and Safety of Ivermectin Versus Hydroxychloroquine for Treatment of COVID-19 <sup>27</sup>				
Efficacy and Safety of Multicenter RCT that compared the use of IVM and HCQ in patients with mild, moderate, or severe COVID-19 in hospital settings (n = 400) This is a preliminary report that has not yet been peer reviewed.	<ul> <li>Key Inclusion Criteria:</li> <li>Positive RT-PCR result</li> <li>Mild, moderate, or severe cases of COVID-19</li> <li>Key Exclusion Criteria:</li> <li>Contraindications for HCQ</li> <li>Critical cases of COVID-19</li> <li>Chronic kidney, liver, or heart disease Interventions</li> <li>All Patients:</li> <li>SOC, which included AZM 500 mg once daily for 6 days, vitamin C 1 gm once daily, zinc 50 mg once daily, lactoferrin 100 mg twice daily, acetylcysteine 200 mg 3 times daily, prophylactic or therapeutic anticoagulation if D-dimer &gt;1,000, and paracetamol as needed.</li> <li>Group 1 (Mild or Moderate) and Group 3 (Severe):</li> <li>IVM 400 μg/kg once daily for 4 days (maximum of IVM 24 mg per day)</li> <li>Group 2 (Mild or Moderate) and Group 4 (Severe):</li> <li>HCQ 400 mg every 12 hours on Day 1, then HCQ 200 mg every 12 hours for 5 days</li> <li>Primary Endpoints:</li> <li>Clinical laboratory improvement and/ or 2 consecutive negative PCR results ≥48 hours apart</li> <li>Length of hospital stay</li> </ul>	Number of Participants:  • All 4 arms (n = 100 in each arm)  Participant Characteristics:  • Mean age was 53.8–59.6 years.  • 67% to 72% of patients were male.  • Fatigue and dyspnea reported in 36% to 38% of patients with mild or moderate disease and 86% to 88% of those with severe disease.  Primary Outcomes:  • In those with mild or moderate disease, patients who received IVM had significant differences in improvement compared to those who received HCQ (99% vs. 74%), progression of disease (1% vs. 22%), death (0% vs. 4%), and mean number of hospital days (5±1 vs. 15±8) (P < 0.001 for all parameters except death).  • For those with severe disease, patients who received IVM had significant differences compared to those who received HCQ in improvement (94% vs. 50%), progression of disease (4% vs. 30%), death (2% vs. 20%), and mean number of hospital days (6±8 vs. 18±8) (P < 0.001 for all parameters).  • For all patients, those treated with IVM had significant improvement in TLC, CRP, ferritin, D-dimer, and RT-PCR conversion days by Week 1 (P < 0.001) compared to those who received HCQ.  • In addition to the markers listed above, patients with severe disease showed greater improvement in hemoglobin in IVM arm than in HCQ arm.	Key Limitations:  • Unclear whether the study team and patients were blinded.  • The role of SOC therapy in clinical and laboratory responses is unknown.  • Cannot rule out potential harm from HCQ. It is unknown whether using AZM plus HCQ could have led to worse outcomes.  • No SOC alone group  • Laboratory results are only reported after 1 week of treatment. Length of follow up for clinical outcomes and mortality is unclear.  Interpretation:  • Compared to those who received HCQ, IVM recipients had improved inflammatory markers and time to RT-PCR conversion after 1 week. Improvement in clinical status and decreased mortality was also observed in the IVM arm.		

Study Design	Methods	Results	Limitations and Interpretation
Ivermectin in Patient	s With Mild to Moderate COVID-19 <sup>28</sup>		
Double-blind RCT in	Key Inclusion Criteria:	Number of Participants:	Key Limitations:
patients with mild to moderate COVID-19 in India (n = 157)	<ul><li>Aged ≥18 years</li><li>Positive SARS-CoV-2 RT-PCR or</li></ul>	• ITT analysis (safety): IVM 24 mg (n = 51), IVM 12 mg (n = 49), and placebo (n = 52)	• Small sample size Interpretation:
in mala (ii 107)	<ul> <li>antigen test</li> <li>Nonsevere COVID-19 (defined as SpO<sub>2</sub> &gt;90% on RA and no</li> </ul>	• mITT analysis (included only those with positive NP/OP RT-PCR result): IVM 24 mg (n = 40), IVM 12 mg (n = 40), and placebo (n = 45)	Though the rate of negative RT-PCR results was numerically
	hypotension or need for mechanical ventilation)	64% of patients had mild disease (including asymptomatic disease) and 36% had moderate disease	higher in the IVM arms than in the placebo arm on Day 5, the result was not statistically
	Key Exclusion Criteria:	Participant Characteristics:	significant.
	• CrCl <30 mL/min	Mean age was 35.5 years (SD 10.4 years).	No difference in clinical     automas or fraguency of AFa
	• Transaminases >5 times ULN	• 88.8% of patients were male.	outcomes or frequency of AEs.
	• MI or heart failure in previous 90	Mean BMI was 25.	
	days • QTc interval >450 ms	• Median duration of symptoms was similar between the arms (5 days; IQR 3–7 days).	
	Severe comorbidity	• 10% of patients received concurrent antivirals (RDV, favipiravir, or HCQ). No difference in use of antivirals between arms.	
	Interventions:		
	Single dose of IVM 24 mg in alcohol- based elixir prepared by pharmacy	Primary Outcomes:	
	Single dose of same elixir with IVM     12 mg	• Proportion of patients with negative RT-PCR result on Day 5: 47.5% in IVM 24 mg arm, 35.0% in IVM 12 mg arm, and 31.1% in placebo arm ( <i>P</i> = 0.30)	
	Single dose of same elixir without IVM (placebo)	VL at enrollment did not impact conversion to negative RT-PCR on Day 5.	
	Primary Endpoint:	No significant difference in VL decline by Day 5 between the	
	<ul> <li>Reduction of SARS-CoV-2 VL as measured by NP and OP swab at Day 5</li> <li>Conversion to negative RT-PCR at Day 5</li> </ul>	arms	
		No difference in VL decline in the mild or moderate disease strata at Day 5	
		Secondary Outcomes:	
	Key Secondary Endpoints:	No difference between arms in mean time to symptom resolution or number of hospital-free days at Day 28	
	Qualitative and quantitative RT-PCR on Days 3 and 7	• Proportions of patients with clinical worsening were similar across the arms: 7.5% in IVM 24 mg arm, 5.0% in IVM 12	
	Time to clinical resolution	mg arm, and 11.1% in placebo arm $(P = 0.65)$	

**Recently established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease not yet been peer reviewed.  **Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease  **Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease  **Key Exclusion Criteria:**  **Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease  **Key Exclusion Criteria:**  **Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease  **Key Exclusion Criteria:**  **Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease  **Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease  **Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease  **Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease  **Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease  **Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease  **Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease  **Median time to discharge due to recovery was 7 days (IQR 4-11 days) in IVM arm, and 5 days (IQR 4-7 days) in placebo arm. The differences between arms were not statistically significant.  **Proportion of patients discharged alive: 79% in HCQ arm, 75% in IVM arm, and 73% in placebo arm  **Mortality: 6% of patients with COVID-19 pneumonia who were not critically ill, neither IVM no HCQ decreased the number of hospital days, rate of respiratory deterioration, or mortality.  **The small sample size and large number of comparisons make it difficult to assess the clinical efficacy of IVM in this population.	Study Design	Methods	Results	Limitations and Interpretation
Clinical status at Day 14     Number of hospital-free days at Day 28  Randomized, double-blind trial of hospitalized adults with COVID-19 pneumonia in Mexico (n = 106) This is a preliminary report that has not yet been peer reviewed.  Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease Key Exclusion Criteria:  Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease Key Exclusion Criteria:  Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease Key Exclusion Criteria:  Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease Key Exclusion Criteria:  Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease Key Exclusion Criteria:  Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease Key Exclusion Criteria:  Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease Key Exclusion Criteria:  Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease Key Exclusion Criteria:  Receitly established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease Key Exclusion Criteria:  Receitly established hypoxemic respiratory failure or deterioration or morability.  Mean BMI was 29.6 (SD 6.6).  Outcomes:  Median time to discharge due to recovery was 7 days (IQR 4—11 days) in IVM arm, do 5 days (IQR 4—7 days) in placebo arm. The differences between arms were not statistically significant.  Proportion of patients discharged alive: 79% in HCQ arm, 14% in IVM arm, and 16% in placebo arm  Mortality: 6% of patients in HCQ arm, 14% in IVM arm, and 16% in placebo arm  Mortality: 6% of patients in HCQ arm, 14% in IVM arm, and 16% in placebo arm  Mortality: 6% of patients in HCQ arm, 14% in IVM arm, and 16%	Ivermectin in Patient	s With Mild to Moderate COVID-1928, con	tinued	
hospitalized adults with COVID-19 pneumonia in flection  Pineumonia, diagnosed by CXR or high-resolution chest CT scan  Recently established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease  Key Exclusion Criteria:  Receitly of HFNC oxygen or invasive mechanical ventilation  Patients with QT intervals ≥500 ms were not eligible for IVM.  Interventions:  HCQ 400 mg twice daily or 4 days  Single dose of IVM 12 mg (in patients weighing ≥80 kg) or 18 mg (in those weighing >80 kg) plus calcium citrate  Participant Characteristics:  Mean age was 53 years (SD 16.9 years).  **Mean BMI was 29.6 (SD 6.6).  **Outcomes:**  **Interpretation:**  **Int	Randomized,	Clinical status at Day 14  Number of hospital-free days at Day 28  I vermectin and Hydroxychloroquine in Post Key Inclusion Criteria:	Patients With Severe COVID-19 <sup>29</sup> Number of Participants:	
• Calcium citrate placebo  Primary Endpoint:	hospitalized adults with COVID-19 pneumonia in Mexico (n = 106) This is a preliminary report that has not yet been peer	<ul> <li>• Pneumonia, diagnosed by CXR or high-resolution chest CT scan</li> <li>• Recently established hypoxemic respiratory failure or deterioration of pre-existing lung or heart disease</li> <li>• Receipt of HFNC oxygen or invasive mechanical ventilation</li> <li>• Patients with QT intervals ≥500 ms were not eligible for HCQ but were eligible for IVM.</li> <li>• Interventions:</li> <li>• HCQ 400 mg twice daily on Day 1, then HCQ 200 mg/kg twice daily for 4 days</li> <li>• Single dose of IVM 12 mg (in patients weighing ≥80 kg) or 18 mg (in those weighing &gt;80 kg) plus calcium citrate for subsequent doses</li> <li>• Calcium citrate placebo</li> </ul>	<ul> <li>Participant Characteristics:</li> <li>Mean age was 53 years (SD 16.9 years).</li> <li>62% of patients were male.</li> <li>34% of patients had diabetes, 32% had hypertension, and 72% had any comorbidity.</li> <li>Mean BMI was 29.6 (SD 6.6).</li> <li>Outcomes:</li> <li>Median time to discharge due to recovery was 7 days (IQR 3–9 days) in HCQ arm, 6 days (IQR 4–11 days) in IVM arm, and 5 days (IQR 4–7 days) in placebo arm. The differences between arms were not statistically significant.</li> <li>Proportion of patients discharged alive: 79% in HCQ arm, 75% in IVM arm, and 73% in placebo arm</li> <li>Mortality: 6% of patients in HCQ arm, 14% in IVM arm, and</li> </ul>	<ul> <li>Length of follow-up period is unclear.</li> <li>The study was stopped prior to achieving its target sample size.</li> <li>Interpretation:</li> <li>In hospitalized patients with COVID-19 pneumonia who were not critically ill, neither IVM nor HCQ decreased the number of inhospital days, rate of respiratory deterioration, or mortality.</li> <li>The small sample size and large number of comparisons make it difficult to assess the clinical efficacy of IVM in this</li> </ul>

Study Design	Methods	Results	Limitations and Interpretation
Ivermectin as Adjunct	ive Therapy to Hospitalized Patients Wit	h COVID-19 <sup>30</sup>	
Randomized,	Key Inclusion Criteria:	Number of Participants:	Key Limitations:
double-blind, placebo-controlled,	• Symptoms suggestive of COVID-19	• All 6 arms (n = 30 in each arm)	Small study
multicenter, Phase	pneumonia, with chest CT compatible with mild to severe COVID-19 or	Participant Characteristics:	Power estimation is confusing.
2 clinical trial	positive RT-PCR result for SARS-	• Average age was 56 years (range 45–67 years).	Mortality was not listed as the
of hospitalized adults with mild	CoV-2	• 50% of patients were male.	primary or secondary outcome.  • It is unclear whether IVM
to severe SARS-	Key Exclusion Criteria:	• Disease stratification (based on CT findings): negative (1%),	patients also received HCQ.
CoV-2 infection in 5	• Severe immunosuppression,	mild (14%), moderate (73%), and severe (12%)	• It is unclear whether the
facilities in Iran (n = 180)	malignancy, or chronic kidney disease	• Mean SpO <sub>2</sub> at baseline was 89%.	between-group comparisons are
This is a preliminary	• Pregnancy	Primary Outcomes:	between combined IVM groups and placebo plus SOC.
report that has	Interventions:	• Durations of hypoxemia and hospitalization were shorter in IVM arms than placebo arm ( $P = 0.025$ and $P = 0.006$ ,	Patients were stratified by
not yet been peer reviewed.	<ul> <li>HCQ 200 mg/kg twice daily alone as SOC (standard arm)</li> </ul>	respectively), and mortality was lower in the IVM arms ( $P = 0.001$ ).	disease severity based on CT findings. These categorizations
	• SOC plus 1 of the following:	• There was no difference in number of days of tachypnea (P =	are unclear and were not
	• Placebo	0.584) or return to normal temperature ( $P = 0.102$ ).	taken into account in outcome comparisons.
	• Single dose of IVM 200 μg/kg	Significant differences in change from baseline to Day 5     in sheet the hypothesistal sound on three to be a second or	The post hoc grouping of
	<ul> <li>IVM 200 μg/kg on Days 1, 3, and 5</li> <li>Single dose of IVM 400 μg/kg</li> </ul>	<ul> <li>in absolute lymphocyte count, platelet count, erythrocyte sedimentation rate, and CRP.</li> <li>Higher mortality was reported in standard and placebo arms than IVM arms.</li> </ul>	randomized arms raises risk of false positive findings.
	• IVM 400 μg/kg on Day 1, then IVM		
	200 µg/kg on Days 3 and 5		Interpretation:
	Primary Endpoint:		IVM appeared to improve laboratory outcomes and some
	Clinical recovery within 45 days		clinical outcomes (shorter
	of enrollment (defined as normal		duration of hypoxemia and
	temperature, respiratory rate, and SpO <sub>2</sub> >94% for 24 hours)		hospitalization) and lowered mortality.
			• The small size of the study.
			the unclear treatment arm
			assignments, and the lack of accounting for disease severity
			at baseline make it difficult to
			draw conclusions about the
			efficacy of using IVM to treat patients with mild COVID-19.

Study Design	Methods	Results	Limitations and Interpretation
Retrospective Analys	is of Ivermectin in Hospitalized Patients	With COVID-19 <sup>31</sup>	
Retrospective	Key Inclusion Criteria:	Number of Participants:	Key Limitations:
analysis of consecutive patients	Positive NP swab with SARS-CoV-2 RNA	• IVM (n = 173; 160 patients received a single dose, 13 patients received a second dose) and usual care (n = 103)	Not randomized
with laboratory- confirmed SARS-	Interventions:	Participant Characteristics:	<ul> <li>Little to no information on SpO<sub>2</sub> or radiographic findings</li> </ul>
CoV-2 infection who were admitted to 4	• Single dose of IVM 200 µg/kg, repeated on Day 7 at the doctors'	Mean age was 60.2 years in IVM arm and 58.6 years in usual care arm.	Timing of therapeutic interventions was not
Florida hospitals (n = 276)	discretion; 90% of patients also received HCQ.	• 51.4% of patients were male in IVM arm and 58.8% were male in usual care arm.	<ul><li>standardized.</li><li>Ventilation and hospitalization</li></ul>
	• Usual care: 97% of patients received HCQ and most also received AZM.	• 56.6% of patients were Black in IVM arm and 51.4% were Black in usual care arm.	duration analyses do not appear to account for death as a
	Primary Endpoint:	Outcomes:	<ul><li>competing risk.</li><li>No virologic assessments were</li></ul>
	All-cause, in-hospital mortality	<ul> <li>All-cause mortality was lower in IVM arm than in usual care arm (OR 0.27; 95% CI, 0.09–0.80; P = 0.03); the benefit appeared to be limited to the subgroup of patients with severe disease.</li> <li>No difference in median length of hospital stay between arms (7 days for both) or proportion of mechanically ventilated patients who were successfully extubated (36% in IVM arm vs. 15% in usual care arm; P = 0.07).</li> </ul>	performed.
			Interpretation:
			• IVM use was associated with
			lower mortality than usual care. However, the limitations of this
			retrospective analysis make it
			difficult to draw conclusions about the efficacy of using IVM
			to treat patients with COVID-19.

**Key:** AE = adverse event; AZM = azithromycin; BMI = body mass index; CAD = coronary artery disease; C<sub>max</sub> = maximum concentration; CQ = chloroquine; CrCl = creatinine clearance; CRP = C-reactive protein; CT = computed tomography; CXR = chest X-ray; CYP = cytochrome P450; DM = diabetes mellitus; DOX = doxycycline; HCQ = hydroxychloroquine; HFNC = high-flow nasal cannula; HTN = hypertension; ICU = intensive care unit; Ig = immunoglobulin; ITT = intention-to-treat; IVM = ivermectin; LDH = lactose dehydrogenase; LPV/RTV = lopinavir/ritonavir; MDR1 = multidrug resistance mutation 1; MI = myocardial infarction; mITT = modified intention-to-treat; NP = nasopharyngeal; OP = oropharyngeal; the Panel = the COVID-19 Treatment Guidelines Panel; PaO<sub>2</sub>/FiO<sub>2</sub> = ratio of arterial partial pressure of oxygen to fraction of inspired oxygen; PCR = polymerase chain reaction; PK = pharmacokinetic; PO = orally; r = correlation coefficient; RA = room air; RCT = randomized controlled trial; RDV = remdesivir; RT-PCR = reverse transcriptase polymerase chain reaction; SAE = severe adverse event; SNP = single-nucleotide polymorphism; SOC = standard of care; SOFA = sequential organ failure assessment; SpO<sub>2</sub> = oxygen saturation; TLC = total lymphocyte count; ULN = upper limit of normal; VL = viral load

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## Lopinavir/Ritonavir and Other HIV Protease Inhibitors

Last Updated: February 11, 2021

The replication of SARS-CoV-2 depends on the cleavage of polyproteins into an RNA-dependent RNA polymerase and a helicase. Two proteases are responsible for this cleavage: 3-chymotrypsin-like protease (3CLpro) and papain-like protease (PLpro).

Lopinavir/ritonavir and darunavir/cobicistat have been studied in patients with COVID-19. The clinical trials discussed below have not demonstrated a clinical benefit for protease inhibitors in patients with COVID-19.

#### Recommendations

- The COVID-19 Treatment Guidelines Panel (the Panel) **recommends against** the use of **lopinavir**/ **ritonavir** and **other HIV protease inhibitors** for the treatment of COVID-19 in hospitalized patients (AI).
- The Panel recommends against the use of lopinavir/ritonavir and other HIV protease inhibitors for the treatment of COVID-19 in nonhospitalized patients (AIII).

#### Rationale

The pharmacodynamics of lopinavir/ritonavir raise concerns about whether it is possible to achieve drug concentrations that can inhibit the SARS-CoV-2 proteases.<sup>2,3</sup> In addition, lopinavir/ritonavir did not show efficacy in two large randomized controlled trials in hospitalized patients with COVID-19.<sup>4,5</sup>

There is currently a lack of data on the use of lopinavir/ritonavir in nonhospitalized patients with COVID-19. However, the pharmacodynamic concerns and the lack of evidence for a clinical benefit among hospitalized patients with COVID-19 undermine confidence that lopinavir/ritonavir has a clinical benefit at any stage of SARS-CoV-2 infection.

#### **Adverse Events**

The adverse events for lopinavir/ritonavir include:

- Nausea, vomiting, diarrhea (common)
- QTc prolongation
- Hepatotoxicity

## **Drug-Drug Interactions**

Lopinavir/ritonavir is a potent inhibitor of cytochrome P450 3A. Coadministering lopinavir/ritonavir with medications that are metabolized by this enzyme may increase the concentrations of those medications, resulting in concentration-related toxicities. Please refer to the <u>Guidelines for the Use of Antiretroviral</u> <u>Agents in Adults and Adolescents with HIV</u> for a list of potential drug interactions.

## **Summary of Clinical Data for COVID-19**

- The plasma drug concentrations achieved using typical doses of lopinavir/ritonavir are far below the levels that may be needed to inhibit SARS-CoV-2 replication.<sup>3</sup>
- Lopinavir/ritonavir did not demonstrate a clinical benefit in hospitalized patients with COVID-19 during a large randomized trial in the United Kingdom.<sup>4</sup>

- In a large international randomized trial, lopinavir/ritonavir did not reduce the mortality rate among hospitalized patients with COVID-19.5
- A moderately sized randomized trial (n = 199) failed to find a virologic or clinical benefit of lopinavir/ritonavir over standard of care.<sup>6</sup>
- Results from a small randomized controlled trial showed that darunavir/cobicistat was not effective for the treatment of COVID-19.7
- There are no data from clinical trials that support using other HIV protease inhibitors to treat COVID-19.
- Please see Clinical Data for COVID-19 below for more information.

#### Clinical Data for COVID-19

The information presented in this section may include data from preprints or articles that have not been peer reviewed. This section will be updated as new information becomes available. Please see *ClinicalTrials.gov* for more information on clinical trials that are evaluating lopinavir/ritonavir.

## Lopinavir/Ritonavir in Hospitalized Patients With COVID-19: The RECOVERY Trial

The Randomised Evaluation of COVID-19 Therapy (RECOVERY) trial is an ongoing, open-label, randomized controlled trial with multiple arms, including a control arm; in one arm, participants received lopinavir/ritonavir. The trial was conducted across 176 hospitals in the United Kingdom and enrolled hospitalized patients with clinically suspected or laboratory-confirmed SARS-CoV-2 infection.<sup>4</sup>

Patients were randomized into several parallel treatment arms; this included randomization in a 2:1 ratio to receive either the usual standard of care only or the usual standard of care plus lopinavir 400 mg/ritonavir 100 mg orally every 12 hours for 10 days or until hospital discharge. Patients who had severe hepatic insufficiency or who were receiving medications that had potentially serious or life-threatening interactions with lopinavir/ritonavir were excluded from randomization into either of these arms. Mechanically ventilated patients were also underrepresented in this study because it was difficult to administer the oral tablet formulation of lopinavir/ritonavir to patients who were on mechanical ventilation. The primary outcome was all-cause mortality at Day 28 after randomization.

The lopinavir/ritonavir arm was discontinued on June 29, 2020, after the independent data monitoring committee concluded that the data showed no clinical benefit for lopinavir/ritonavir.

#### **Patient Characteristics**

- Of the 7,825 participants who were eligible to receive lopinavir/ritonavir, 1,616 were randomized to receive lopinavir/ritonavir and 3,424 were randomized to receive standard of care only. The remaining participants were randomized to other treatment arms in the study.
- In both the lopinavir/ritonavir arm and the standard of care arm, the mean age was 66 years; 44% of patients were aged ≥70 years.
- Test results for SARS-CoV-2 infection were positive for 88% of patients. The remaining 12% had a negative test result.
- Comorbidities were common; 57% of patients had at least one major comorbidity. Of those patients, 28% had diabetes mellitus, 26% had heart disease, and 24% had chronic lung disease.
- At randomization, 4% of patients were receiving invasive mechanical ventilation, 70% were receiving oxygen only (with or without noninvasive ventilation), and 26% were receiving neither.
- The percentages of patients who received azithromycin or another macrolide during the follow-up

period were similar in both arms (23% in the lopinavir/ritonavir arm vs. 25% in the standard of care arm). In addition, 10% of patients in both arms received dexamethasone.

#### Results

- There was no significant difference in the primary outcome of 28-day mortality between the two arms; 374 patients (23%) in the lopinavir/ritonavir arm and 767 patients (22%) in the standard of care arm had died by Day 28 (rate ratio 1.03; 95% CI, 0.91-1.17; P = 0.60).
- A similar 28-day mortality was reported for patients who received lopinavir/ritonavir in an analysis that was restricted to the 4,423 participants who had positive SARS-CoV-2 test results (rate ratio 1.05; 95% CI, 0.92–1.19; P = 0.49).
- Patients in the lopinavir/ritonavir arm and patients in the standard of care arm had similar median times to discharge (11 days in both arms) and similar probabilities of being discharged alive within 28 days (69% vs. 70%).
- Among participants who were not on invasive mechanical ventilation at baseline, patients who
  received lopinavir/ritonavir and those who received standard of care only had similar risks of
  progression to intubation or death.
- Results were consistent across subgroups defined by age, sex, ethnicity, or respiratory support at baseline.

#### Limitations

- The study was not blinded.
- No laboratory or virologic data were collected.

#### Interpretation

Lopinavir/ritonavir did not decrease 28-day all-cause mortality when compared to the usual standard of care in hospitalized persons with clinically suspected or laboratory-confirmed SARS-CoV-2 infection. Participants who received lopinavir/ritonavir and those who received standard of care only had similar median lengths of hospital stay. Among the patients who were not on invasive mechanical ventilation at the time of randomization, those who received lopinavir/ritonavir were as likely to require intubation or die during hospitalization as those who received standard of care.

## Lopinavir/Ritonavir in Hospitalized Patients with COVID-19: The Solidarity Trial

The Solidarity trial was an open-label, randomized controlled trial that enrolled hospitalized patients with COVID-19 in 405 hospitals across 30 countries. The study included multiple arms; in one arm, participants received lopinavir/ritonavir. The control group for this arm included people who were randomized at the same site and time who could have received lopinavir/ritonavir but received standard of care instead. Lopinavir 400 mg/ritonavir 100 mg was administered orally twice daily for 14 days or until hospital discharge. Only the oral tablet formulation of lopinavir/ritonavir was available, which precluded administration to those on mechanical ventilation. The primary outcome was in-hospital mortality.<sup>5</sup>

After the results of the RECOVERY trial prompted a review of the Solidarity data, the lopinavir/ritonavir arm ended enrollment on July 4, 2020. At that time, 1,411 patients had been randomized to receive lopinavir/ritonavir, and 1,380 patients received standard of care.

#### **Patient Characteristics**

- In both the lopinavir/ritonavir arm and the standard of care arm, 20% of the participants were aged ≥70 years and 37% were aged <50 years.
- Comorbidities were common. Diabetes mellitus was present in 24% of patients, heart disease in

- 21%, and chronic lung disease in 7%.
- At randomization, 8% of patients were receiving invasive mechanical ventilation or extracorporeal membrane oxygenation, 53% were receiving oxygen only (with or without noninvasive ventilation), and 39% were receiving neither.
- Similar percentages of patients received corticosteroids in the lopinavir/ritonavir arm and the standard of care arm (23% vs. 24%). Other nonstudy treatments were administered less often, and the use of these treatments was balanced between arms.

#### Results

- There was no significant difference in in-hospital mortality between the two arms; 148 patients (9.7%) in the lopinavir/ritonavir arm and 146 patients (10.3%) in the standard of care arm had died by Day 28 (rate ratio 1.00; 95% CI, 0.79–1.25; P = 0.97).
- Progression to mechanical ventilation among those who were not ventilated at randomization occurred in 126 patients in the lopinavir/ritonavir arm and 121 patients in the standard of care arm.
- In-hospital mortality results appeared to be consistent across subgroups.

#### Limitations

- The study was not blinded.
- Those who were on mechanical ventilation were unable to receive lopinavir/ritonavir.
- The study includes no data on time to recovery.

#### Interpretation

Among hospitalized patients, lopinavir/ritonavir did not decrease in-hospital mortality or the number of patients who progressed to mechanical ventilation compared to standard of care.

## Lopinavir/Ritonavir Pharmacokinetics in Patients With COVID-19

In a case series, eight patients with COVID-19 were treated with lopinavir 400 mg/ritonavir 100 mg orally twice daily and had plasma trough levels of lopinavir drawn and assayed by liquid chromatography-tandem mass spectrometry.<sup>3</sup>

#### Results

- The median plasma lopinavir concentration was 13.6 µg/mL.
- After correcting for protein binding, trough levels would need to be approximately 60-fold to 120-fold higher to achieve the in vitro half-maximal effective concentration (EC<sub>50</sub>) for SARS-CoV-2.

#### Limitations

- Only the trough levels of lopinavir were quantified.
- The concentration of lopinavir required to effectively inhibit SARS-CoV-2 replication in vivo is currently unknown.

#### Interpretation

The plasma drug concentrations that were achieved using typical doses of lopinavir/ritonavir are far below the levels that may be needed to inhibit SARS-CoV-2 replication.

#### Other Reviewed Studies

The Panel has reviewed other clinical studies that evaluated the use of protease inhibitors for the

treatment of COVID-19.<sup>6,8,9</sup> These studies have limitations that make them less definitive and informative than larger randomized clinical trials. The Panel's summaries and interpretations of some of these studies are available in the archived versions of the Guidelines.

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## **Nitazoxanide**

Last Updated: July 8, 2021

Nitazoxanide is a broad-spectrum thiazolide antiparasitic agent that is approved by the Food and Drug Administration (FDA) for the treatment of *Cryptosporidium parvum* and *Giardia duodenalis* infections in children aged ≥1 year and adults. Nitazoxanide is rapidly metabolized to its active metabolite, tizoxanide, and has in vitro antiviral activity against a range of viruses, including influenza viruses, hepatitis B and C viruses, norovirus, rotavirus, Ebola virus, Middle East respiratory syndrome coronavirus (MERS-CoV), and SARS-CoV-2. <sup>1-3</sup> The mechanism of antiviral activity is not fully characterized. Nitazoxanide inhibits host enzymes, which impairs the posttranslational processing of viral proteins. It also has inhibitory effects on proinflammatory cytokines. With the exception of a Phase 2b/3 trial for uncomplicated influenza, the evidence for clinical activity of nitazoxanide against other viruses is limited or of low quality.<sup>4</sup>

#### Recommendation

• The COVID-19 Treatment Guidelines Panel (the Panel) **recommends against** the use of **nitazoxanide** for the treatment of COVID-19, except in a clinical trial **(BIIa)**.

#### Rationale

Two randomized controlled trials that were conducted in Brazil and the United States did not find a significant clinical benefit for nitazoxanide treatment in nonhospitalized adults with COVID-19 when treatment was initiated within 2 to 5 days after illness onset.<sup>5,6</sup> One of these trials, which has not yet been published, reported that fewer patients in the nitazoxanide arm progressed to severe COVID-19 than in the placebo arm. However, the study was underpowered to detect a difference, and this finding was not statistically significant.<sup>6</sup> Additional small, unpublished studies were reviewed; however, due to their limitations, they did not provide support for the use of nitazoxanide.<sup>7,8</sup> Nitazoxanide was well tolerated in these trials. The Panel concluded that results from adequately powered, well-designed, and well-conducted clinical trials are needed to provide more specific, evidence-based guidance on the role of nitazoxanide in the treatment of COVID-19.

Please see Table 2d for more information.

## Monitoring, Adverse Effects, and Drug-Drug Interactions

- Nitazoxanide is generally well tolerated. The most commonly reported side effects include abdominal pain, diarrhea, headache, nausea, vomiting, urine discoloration, and, rarely, ocular discoloration.
- Nitazoxanide is a highly plasma protein-bound drug (>99.9%). Drug-drug interactions may occur when nitazoxanide is administered concurrently with other highly plasma protein-bound drugs due to competition for binding sites. If nitazoxanide is coadministered with other highly protein-bound drugs with narrow therapeutic indices, monitor the patient for adverse drug reactions.
- Please see Table 2e for more information.

## Considerations in Pregnancy

According to the animal study data included in the product label, nitazoxanide does not appear to affect fertility, nor does it cause fetal toxicity. There are no data on using nitazoxanide to treat COVID-19 in pregnant women.

#### Considerations in Children

Nitazoxanide is approved by the FDA for use in children aged ≥1 year old to treat *Cryptosporidium parvum* and *Giardia duodenalis* infections. Dosing for the nitazoxanide suspension or tablets is available for children that provides exposure that is similar to the approved adult dose of oral nitazoxanide 500 mg twice daily. There are no data on using nitazoxanide to treat COVID-19 in children.

#### **Clinical Trials**

Several clinical trials that are evaluating the use of nitazoxanide for the treatment of COVID-19 are currently underway or in development. Please see *ClinicalTrials.gov* for the latest information.

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# Table 2d. Nitazoxanide: Selected Clinical Data

Last Updated: July 8, 2021

The information in this table may include data from preprints or articles that have not been peer reviewed. This section will be updated as new information becomes available. Please see *ClinicalTrials.gov* for more information on clinical trials that are evaluating NTZ for the treatment of COVID-19. The clinical trials described in this table do not represent all the trials that the Panel reviewed while developing recommendations for NTZ.<sup>1,2</sup>

Study Design	Methods	Results	Limitations and Interpretation			
Early Treatment of Mi	Early Treatment of Mild COVID-19 with Nitazoxanide <sup>3</sup>					
Randomized,	Key Inclusion Criteria:	Number of Participants:	Key Limitations:			
double-blind, placebo-	Clinical signs and symptoms of	• NTZ (n = 194) and placebo (n = 198)	• In general, the patients in this study			
controlled trial in	COVID-19 for ≤3 days (fever, dry cough, and/or fatigue)	Participant Characteristics:	were young and relatively healthy.			
nonhospitalized	, ,	Median age of patients was 37 years.	• At baseline, the median VL was 0.43 log <sub>10</sub> c/mL lower in the NTZ arm			
adults with mild COVID-19 in Brazil	Key Exclusion Criteria:  • Negative SARS-CoV-2 RT-PCR result	Percentage of patients aged 18–39 years: 58%	than in the placebo arm; however,			
(n = 475)	from an NP swab	Percentage of patients aged 40-59 years: 36%	this difference was not statistically			
,	Renal, heart, respiratory, liver, or	Percentage of patients aged 60-77 years: 6%	significant (trend toward a significant difference; <i>P</i> = 0.065). Although the			
	autoimmune diseases	• 53% of patients were women.	difference in absolute VLs between			
	Participant had a history of cancer in the past 5 years	• 69% of patients were White.	the arms at Day 5 was reported as			
		• 31% of patients had a BMI ≥30.	statistically significant, without the information on the change in VL in			
	Interventions:	• 85% of patients had no reported comorbidities.	each arm, it is difficult to interpret			
	NTZ 500 mg 3 times daily for 5 days     using the oral liquid formulation.	Median time from symptom onset to first dose of study  drug was 5 days (IOD 4.5 days).	the significance of the findings.			
	using the oral liquid formulation • Color-matched placebo 3 times daily	drug was 5 days (IQR 4–5 days).  • Baseline median SARS-CoV-2 VL was 7.06 log <sub>10</sub> c/mL (IQR 5.77–8.13) in NTZ arm and 7.49 log <sub>10</sub> c/mL (IQR 6.15–8.32) in placebo arm ( <i>P</i> = 0.065).  Primary Outcome:	Some participants who received the study drug were excluded from the analysis population due to discontinued intervention (21 in NTZ arm vs. 18 in placebo arm); AEs (6 in NTZ arm vs. 1 in placebo arm); hospitalization (5 in NTZ arm vs. 5 in placebo arm); and protocol			
	for 5 days					
	Primary Endpoint:					
	Complete resolution of dry cough,					
	fever, and/or fatigue after receiving treatment for 5 days	• There was no difference in time to complete resolution of				
		symptoms between NTZ and placebo arms ( $P = 0.277$ )				
	Key Secondary Endpoints:	Secondary Outcomes:	deviations (7 in NTZ arm vs. 7 in			
	Reduction in SARS-CoV-2 VL	After 5 days, median SARS-CoV-2 VL was lower in NTZ	placebo arm). This complicates the interpretation of the study results,			
	Incidence of hospital admission after completing therapy	arm (3.63 $\log_{10}$ c/mL [IQR 0–5.03]) than in placebo arm (4.13 $\log_{10}$ c/mL [IQR 2.88–5.31]; $P = 0.006$ ).	because an ITT analysis was not included.			

Study Design	Methods	Results	<b>Limitations and Interpretation</b>
Early Treatment of Mi	ild COVID-19 with Nitazoxanide³, conti	nued	
		<ul> <li>29.9% of patients in NTZ arm and 18.2% of patients in placebo arm had a negative SARS-CoV-2 RT-PCR result at the fifth treatment visit (<i>P</i> = 0.009).</li> <li>In the ITT study population, 5 patients on NTZ and 5 on placebo were hospitalized due to clinical deterioration; 2 who received NTZ required ICU admission vs. 0 who received placebo. These individuals were excluded from the analysis population because they did not complete the 5-day treatment course before clinical progression occurred.</li> <li>Other Outcomes:</li> <li>Mild to moderate AEs occurred in about 30% of participants in each arm who completed 5 days of therapy.</li> </ul>	<ul> <li>Interpretation:</li> <li>NTZ did not improve time to resolution of symptoms compared to placebo.</li> <li>Median VL was lower at Day 5 in the NTZ arm than in the placebo arm, but this may reflect differences in baseline VLs.</li> <li>NTZ was well tolerated.</li> </ul>
Early Treatment of Mi	T	estigational Formulation of Nitazoxanide <sup>4</sup>	
Randomized, double-blind, placebo- controlled trial in nonhospitalized patients with COVID-19 in the United States and Puerto Rico (n = 1,092) This is a preliminary, unpublished report that has not been peer reviewed.	<ul> <li>Key Inclusion Criteria:</li> <li>Aged ≥12 years</li> <li>Enrollment ≤72 hours of symptom onset</li> <li>Mild to moderate COVID-19</li> <li>≥2 respiratory symptom domains with a score ≥2 on FLU-PRO questionnaire at screening, and no improvement in overall symptom severity compared to previous day</li> <li>Key Exclusion Criteria:</li> <li>Signs or symptoms of severe COVID-19</li> <li>Previous COVID-19 or any symptom suggestive of COVID-19</li> <li>Recent acute upper respiratory tract infection</li> <li>Severe immunodeficiency</li> <li>Severe heart, lung, neurological, or other systemic diseases</li> </ul>	<ul> <li>Number of Participants:</li> <li>mITT analysis: NTZ (n = 184) and placebo (n = 195)</li> <li>Participant Characteristics:</li> <li>Median age of patients was 40 years.</li> <li>43.5% of patients were men.</li> <li>87.6% of patients were White.</li> <li>Median BMI was 28.9.</li> <li>Median time from symptom onset to randomization was 45.9 hours.</li> <li>64.8% of patients had mild disease.</li> <li>35.2% of patients had moderate disease.</li> <li>62.8% of patients were at risk for severe illness.</li> <li>Primary Outcome:</li> <li>NTZ was not associated with a reduction in median time to sustained response compared to placebo (13.3 days in NTZ arm vs. 12.4 days in placebo arm; P = 0.88)</li> <li>Secondary Outcomes:</li> <li>Progression to severe disease occurred in 1 of 184 patients (0.5%) in NTZ arm and 7 of 195 patients (3.6%) in placebo arm (P = 0.07).</li> </ul>	<ul> <li>Key Limitations:         <ul> <li>Information is limited in this preliminary report.</li> </ul> </li> <li>Because the number of high-risk participants who progressed to severe COVID-19 in this study was small, the results for this subgroup are fragile. Larger studies are needed.</li> <li>Interpretation:         <ul> <li>NTZ did not demonstrate significant clinical or virologic benefits when compared to placebo.</li> <li>NTZ was well tolerated.</li> </ul> </li> </ul>

Study Design	Methods	Results	Limitations and Interpretation			
<b>Early Treatment of M</b>	Early Treatment of Mild to Moderate COVID-19 with an Investigational Formulation of Nitazoxanide <sup>4</sup> , continued					
	Interventions:  • 2 investigational NTZ 300 mg extended-release tablets (for a total dose of 600 mg) PO with food twice daily for 5 days  • Matching placebo for 5 days  • All subjects received a vitamin B complex supplement twice daily to mask potential NTZ-associated chromaturia.  Primary Endpoint:  • Time from first dose to sustained response	<ul> <li>Among a subgroup of patients who had a high risk for severe illness according to CDC criteria, 1 of 112 patients (0.9%) in NTZ arm and 7 of 126 patients (5.6%) in placebo arm progressed to severe disease (P = 0.07).</li> <li>1 of 184 patients (0.5%) in NTZ arm and 5 of 195 (2.6%) in placebo arm were hospitalized (P = 0.18).</li> <li>There was no significant difference in viral endpoints between arms at Days 4 and 10.</li> <li>Other Outcomes:</li> <li>The safety analysis included 935 participants (472 in NTZ arm and 463 in placebo arm).</li> <li>2 patients in NTZ arm and 3 patients in placebo arm stopped the study drug due to AEs.</li> </ul>				
	Secondary Endpoint:  • Rate of progression to severe COVID-19					

**Key:** AE = adverse event; BMI = body mass index; CDC = Centers for Disease Control and Prevention; FLU-PRO = Influenza Patient Reported Outcomes; ICU = intensive care unit; ITT = intention-to-treat; mITT = modified intention-to-treat; NP = nasopharyngeal; NTZ = nitazoxanide; the Panel = the COVID-19 Treatment Guidelines Panel; PO = orally; RT-PCR = reverse transcription polymerase chain reaction; VL = viral load

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# Table 2e. Characteristics of Antiviral Agents That Are Approved or Under Evaluation for the Treatment of COVID-19

Last Updated: July 8, 2021

- The information in this table is derived from data on the use of these drugs for FDA-approved indications or in investigational trials, and it is supplemented with data on their use in patients with COVID-19, when available.
- Information on CQ, HCQ, and LPV/RTV are available in the <u>archived versions</u> of the Guidelines. However, the Panel **recommends against** using these agents to treat COVID-19.
- There are limited or no data on dose modifications for patients with organ failure or those who require extracorporeal devices. Please refer to product labels, when available.
- There are currently not enough data to determine whether certain medications can be safely coadministered with therapies for the treatment of COVID-19. When using concomitant medications with similar toxicity profiles, consider performing additional safety monitoring.
- The potential additive, antagonistic, or synergistic effects and the safety of using combination therapies for the treatment of COVID-19 are unknown. Clinicians are encouraged to report AEs to the <u>FDA MedWatch program</u>.
- For drug interaction information, please refer to product labels and visit the <u>Liverpool COVID-19 Drug Interactions website</u>.
- For the Panel's recommendations on using the drugs listed in this table, please refer to the individual drug sections or <a href="https://drugslisted.ncbi.nlm.neg.">Therapeutic Management of Hospitalized Adults With COVID-19</a>.

Dosing Regimens The doses listed here are for approved indications or from reported experiences or clinical trials.	Adverse Events	Monitoring Parameters	Drug-Drug Interaction Potential	Comments and Links to Clinical Trials
Remdesivir  The doses and indications listed below come from the FDA product information. Please	Nausea     ALT and AST elevations	Infusion reactions     Renal function and hepatic	Clinical drug-drug interaction studies of RDV have not been	RDV should be administered in a hospital or a health care setting that can provide a
see <u>Therapeutic Management</u> of <u>Hospitalized Adults With</u> COVID-19 for the Panel's	<ul> <li>Hypersensitivity</li> <li>Increases in prothrombin time</li> <li>Drug vehicle is SBECD, which has been associated with renal and liver toxicity. SBECD accumulation may occur in patients with moderate or severe renal impairment.</li> </ul>	function should be monitored before and during treatment as clinically indicated.  • In the FDA product information, RDV is not recommended when eGFR is <30 mL/min.  See the Remdesivir section for a discussion on using RDV in people with renal insufficiency.	conducted.  In vitro, RDV is a substrate of CYP3A4, OATP1B1, and P-gp and an inhibitor of CYP3A4, OATP1B3, and MATE1.1	setting that can provide a similar level of care to an inpatient hospital.  • RDV is approved by the FDA for the treatment of COVID-19 in hospitalized adult and pediatric patients (aged ≥12 years and weighing ≥40 kg).
recommendations on when to use RDV.				
For Hospitalized Adults and Children (Aged ≥12 Years and Weighing ≥40 kg)				

Dosing Regimens				
The doses listed here are for approved indications or from reported experiences or clinical trials.	Adverse Events	<b>Monitoring Parameters</b>	Drug-Drug Interaction Potential	Comments and Links to Clinical Trials
Remdesivir, continued				
For Patients Who Are Not Mechanically Ventilated and/or on ECMO:  • RDV 200 mg IVa on Day 1, then RDV 100 mg IV on Days 2–5  • For patients who do not show clinical improvement after 5 days of therapy, treatment may be extended to up to 10 days.  For Mechanically Ventilated Patients and/or Patients on ECMO:  • RDV 200 mg IVa on Day 1, then RDV 100 mg IV on Days 2–10  Suggested Dose in EUAb for Hospitalized Children  For Patients Weighing 3.5 kg to <40 kg:  • RDV 5 mg/kg IVa on Day 1, then RDV 2.5 mg/kg IV once daily starting on Day 2  • For patients who are not mechanically ventilated and/or on ECMO, the duration is 5 days. If patients have not shown clinical improvement after 5 days, treatment may be extended to up to 10 days.  • For mechanically ventilated patients and/or patients on ECMO, the recommended treatment duration is 10 days.  For Patients Aged <12 Years and Weighing ≥40 kg:  • Same dose as for adults	<ul> <li>Each 100 mg vial of RDV lyophilized powder contains 3 g of SBECD, and each 100 mg/20 mL vial of RDV solution contains 6 g of SBECD.</li> <li>Clinicians may consider preferentially using the lyophilized powder formulation (which contains less SBECD) in patients with renal impairment.</li> </ul>	RDV may need to be discontinued if ALT level increases to >10 times ULN and should be discontinued if there is an increase in ALT level and signs or symptoms of liver inflammation are observed.¹	<ul> <li>Minimal to no reduction in RDV exposure is expected when RDV is coadministered with dexamethasone (Gilead Sciences, written communication, July 2020).</li> <li>CQ or HCQ may decrease the antiviral activity of RDV; coadministration of these drugs is not recommended.<sup>1</sup></li> <li>No significant interaction is expected between RDV and oseltamivir or baloxavir (Gilead Sciences, personal and written communications, August and September 2020).</li> </ul>	<ul> <li>An EUA<sup>b</sup> is available for hospitalized pediatric patients weighing 3.5 kg to &lt;40 kg or aged &lt;12 years and weighing ≥3.5 kg.</li> <li>A list of clinical trials is available here: Remdesivir</li> </ul>

Dosing Regimens				
The doses listed here are for approved indications or from reported experiences or clinical trials.	Adverse Events	<b>Monitoring Parameters</b>	Drug-Drug Interaction Potential	Comments and Links to Clinical Trials
Ivermectin				
Adults: • The dose most commonly used in clinical trials is IVM 0.2–0.6 mg/kg PO given as a single dose or as a once-daily dose for up to 5 days.	<ul> <li>Generally well tolerated</li> <li>Dizziness</li> <li>Pruritis</li> <li>GI effects (e.g., nausea, diarrhea)</li> <li>Neurological AEs have been reported when IVM has been used to treat parasitic diseases, but it is not clear whether these AEs were caused by IVM or the underlying conditions.</li> </ul>	Monitor for potential AEs.	<ul><li>Minor CYP3A4 substrate</li><li>P-gp substrate</li></ul>	<ul> <li>Generally given on an empty stomach with water; however, administering IVM with food increases its bioavailability.<sup>2</sup></li> <li>A list of clinical trials is available here: <a href="Ivermectin">Ivermectin</a></li> </ul>
Nitazoxanide				
Adults:  Doses reported in COVID-19 studies range from NTZ 500 mg P0 3 times daily to 4 times daily. <sup>3,4</sup> Higher doses are being studied ( <i>ClinicalTrials.gov</i> Identifier NCT04746183).  Doses used for antiprotozoal indications range from NTZ 500 mg to 1 g P0 twice daily.	<ul> <li>Generally well tolerated</li> <li>Abdominal pain</li> <li>Diarrhea</li> <li>Headache</li> <li>Nausea</li> <li>Vomiting</li> <li>Urine discoloration</li> <li>Ocular discoloration (rare)</li> </ul>	Monitor for potential AEs.	<ul> <li>Drug-drug interactions may occur if NTZ is administered concurrently with other highly plasma protein-bound drugs due to competition for binding sites.<sup>5</sup></li> <li>If NTZ is coadministered with other highly protein-bound drugs with narrow therapeutic indices, monitor the patient for AEs.</li> </ul>	<ul> <li>NTZ should be taken with food.</li> <li>The oral suspension is not bioequivalent to the tablet formulation.</li> <li>A list of clinical trials is available here: Nitazoxanide</li> </ul>

<sup>&</sup>lt;sup>a</sup> Infuse over 30–120 minutes.

b The FDA EUA permits the emergency use of RDV for the treatment of suspected COVID-19 or laboratory-confirmed SARS-CoV-2 infection in hospitalized pediatric patients weighing 3.5 kg to <40 kg or aged <12 years and weighing ≥3.5 kg.6

**Key:** AE = adverse event; ALT = alanine transaminase; AST = aspartate aminotransferase; CQ = chloroquine; CYP = cytochrome P450; ECMO = extracorporeal membrane oxygenation; eGFR = estimated glomerular filtration rate; EUA = Emergency Use Authorization; FDA = Food and Drug Administration; GI = gastrointestinal; HCQ = hydroxychloroquine; IV = intravenous; IVM = ivermectin; LPV/RTV = lopinavir/ritonavir; MATE = multidrug and toxin extrusion protein; NTZ = nitazoxanide; OATP = organic anion transporter polypeptide; the Panel = the COVID-19 Treatment Guidelines Panel; P-gp = P-glycoprotein; PO = orally; RDV = remdesivir; SBECD = sulfobutylether-beta-cyclodextrin; ULN = upper limit of normal

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